A Whole-Transcriptome Approach to Evaluating Reference Genes for Quantitative Gene Expression Studies: A Case Study in Mimulus

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A Whole Transcriptome Approach to Evaluating Reference Genes for Quantitative Gene Expression Studies: A Case Study in *Mimulus*

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ABSTRACT

While qPCR is widely recognized as among the most accurate of methods for quantifying gene expression, it is highly dependent on the use of reliable, stably expressed reference genes. With the increased availability of high-throughput methods for measuring gene expression, whole transcriptome approaches may be increasingly utilized for reference gene selection and validation. In this study, RNA-seq was used to identify a set of novel qPCR reference genes and also to evaluate a panel of traditional “housekeeping” reference genes in two species of the evolutionary model plant genus *Mimulus*. More broadly, the methods proposed in this study can be used to harness the power of transcriptomes to identify appropriate reference genes for qPCR in any study organism, including emerging and non-model systems. We find that RNA-seq accurately estimates gene expression means in comparison to qPCR, and that expression means are robust to moderate environmental and genetic variation. However, measures of expression variability were only in agreement with qPCR for samples obtained from a shared environment. This result, along with transcriptome-wide comparisons, suggests that environmental changes have greater impacts on expression variability than on expression means. We discuss how this issue can be addressed through experimental design, and suggest that the ever-expanding pool of published transcriptomes represents a rich and low-cost resource for developing better reference genes for qPCR.
INTRODUCTION

Quantitative PCR (qPCR) is the premier method for quantifying gene expression because of its simplicity, accuracy, and low cost. However, the quantification accuracy of qPCR is dependent on normalization against reference genes to reduce the impact of technical noise and variation in sample preparation. qPCR data normalization is crucial for the reliable quantification of expression levels, so care must be taken to choose a reliable reference gene that has low variation in expression across diverse sample types (DHEDA et al. 2005; GUTIERREZ et al. 2008). Traditionally, high expression "housekeeping" genes involved in basic cellular functions were used for qPCR normalization based on the assumption that they would be stably expressed (THELLIN et al. 1999). Unfortunately, these traditional "housekeeping" reference genes, such as ubiquitin-conjugating enzyme (UBC), polyubiquitin (UBQ), β-actin, α- and β-tubulin, and glyceraldehyde 3-phosphate dehydrogenase (GAPDH), can exhibit surprisingly high expression variance in some species, or among different environmental conditions (SUZUKI et al. 2000; BRUNNER et al. 2004; DHEDA et al. 2004; CZECHOWSKI et al. 2005).

In efforts to find alternatives to housekeeping genes, high-throughput technologies have been used to survey whole transcriptomes for novel, stably expressed genes. Microarrays have been successfully used for novel reference gene identification in a variety of plants, including Arabidopsis thaliana, Eucalyptus, and soybean (CZECHOWSKI et al. 2005; LIBAULT et al. 2008; DE OLIVEIRA et al. 2012). However, RNA-seq, a potentially more effective high-throughput method, has rarely been employed. RNA-seq has many advantages over microarrays: it does not require an assembled genome (HAAS AND ZODY 2010; ROBERTSON et al. 2010; GRABHERR et al. 2011), it has the power to identify novel transcripts and splice variants (TRAPNELL et al. 2010), and it is sensitive enough to quantify transcripts with very low expression levels (MARIONI et al. 2008). In addition, RNA-seq is fast, relatively inexpensive, and shows minimal variation across technical replicates (MARIONI et al. 2008; MORTAZAVI et al. 2008; NAGALAKSHMI et al.).
For all of these reasons, RNA-seq is an attractive, whole-transcriptome method for the detection of stably expressed genes and the identification of novel reference genes for qPCR normalization. This approach has rarely been used to evaluate potential qPCR reference genes (but see Chang et al. 2012; Yang et al. 2014; Zhuang et al. 2015).

A potential pitfall of both the microarray and the RNA-seq approach to reference gene selection is that there are no accepted practices for the analysis of expression variability within whole transcriptomes. Many methods for analyzing expression variability from qPCR data have been developed, including geNorm, BestKeeper, and NormFinder (Vandesompele et al. 2002; Andersen et al. 2004; Pfaffl et al. 2004), but these programs can only analyze the expression data from a handful of genes at a time and thus are not useful for exploring whole transcriptomes. Without an established method for analysis, many diverse methods have been adopted for estimating expression variability within whole transcriptomes, including coefficient of variation (CV) calculations (Czechowski et al. 2005), fold change cut-offs (Yang et al. 2014), and p-value cut-offs (Libault et al. 2008). However, no comparison of the different methods is currently available; each of the earlier studies included only a single whole-transcriptome measure of expression variability.

One system in which a transcriptomic approach to reference gene selection has great potential to advance gene expression studies is the monkeyflower genus Mimulus (recently split into genera Mimulus and Erythranthe (Barker et al. 2012)). Mimulus has become a widely used model for evolutionary genetic studies because of its phenotypic, ecological, and genetic variation, with centers of species diversity in both North and South America (Beardsley and Olmstead 2002; Wu et al. 2008; Sobel and Streisfeld 2013; Twyford et al. 2015). Mimulus is a powerful system for genetic studies due to the interfertility of diverse species and the availability of genomic resources, including the genome sequence of M. guttatus, M. cardinalis, M. lewisi, and M. luteus (Hellsten et al.
Yet, despite the utility of *Mimulus* for studying the evolution of genes and gene expression, the only evaluation of qPCR reference genes to date is a non-quantitative study limited to only six housekeeping genes (SCOVILLE et al. 2011). A rigorous and quantitative genome-wide analysis of candidate qPCR reference genes is therefore of special utility for advancing evolutionary genetic studies in *Mimulus*.

In this study, we systematically and quantitatively evaluate a panel of traditional reference genes and screen whole transcriptomes to identify a set of novel reference genes that can be used for qPCR expression studies in *Mimulus*. We utilize whole transcriptome RNA-seq libraries from two species: *Mimulus guttatus*, a North American diploid, and *Mimulus luteus* var. *luteus*, a Chilean allotetraploid (MUHKERJEE AND VICKERY 1962; VALLEJO - MARÍN et al. 2015). We further develop the toolkit for transcriptome-enabled reference gene selection, by comparing the utility of two distinct methods – the “coefficient of variation (CV) method” and the “fold change cut-off method” – for identifying novel stably expressed genes from RNA-seq data.

In these two *Mimulus* species that differ in their ecology, ploidy, and level of resource development, we find that both the CV and fold-change methods identify a similar set of novel reference genes. We propose that these highly stable genes provide a good starting pool of candidate reference genes for qPCR expression studies in *Mimulus*, and report that some traditional reference genes are also satisfactory according to standard quantitative guidelines for qPCR. In addition, we propose a workflow that incorporates either the CV or the fold-change method to screen whole transcriptomes for novel reference genes in other systems. Across environmentally and genetically different plants, we found that gene expression means were relatively similar but expression variability fluctuated dramatically. Based on this finding, we suggest that transcriptomes should either be specific to the samples used for the planned qPCR study or should cover a wide span of biological and environmental
diversity, in order for reference genes to be selected with high confidence.

MATERIALS AND METHODS

Plant Materials

Two batches of each species were grown in separate greenhouses, providing the RNA samples for both RNA-seq and qPCR (Figure 1). *Mimulus guttatus* genotype CG (wild-collected in Dublane, Scotland) and *Mimulus* luteus var. *luteus* inbred line EY7 (El Yeso, Chile, see Cooley et al. (2008)) were grown at Duke University (NC, USA). RNA, from four tissue types of a single individual of each species grown at Duke University, was sequenced to produce the first set of transcriptomes (T1). *Mimulus guttatus* inbred line IM767 (Iron Mountain, OR, see Willis (1999)) and *M. l. luteus* inbred line EY7 (El Yeso, Chile) were grown at Whitman College (WA, USA). RNA from four tissue types of a single individual of each species grown at Whitman College was sequenced to produce the second set of transcriptomes (T2). RNA from four tissue types of four individuals (one of which was the same individual used for the T2 transcriptomes) from each species grown at Whitman College was extracted for use in qPCR.

In the Whitman greenhouse, plants were grown with supplemental 14-hour lighting in Miracle-Gro potting soil (N:P:K = 0.21:0.11:0.16, The Scotts Company, Marysville, Ohio, U.S.A.). Plants were maintained on ‘self-watering’ capillary action flats with once daily top-watering. Greenhouse temperatures, as recorded by a wall sensor, ranged from 16°C to 36°C daily. Plants were fertilized twice weekly with Miracle-Gro Bloom Booster (N:P:K = 15:30:15). In the Duke greenhouse, plants were grown with supplemental 16-hour lighting with twice-daily watering. Greenhouse temperatures ranged from 12°C to 21°C daily. Plants were fertilized with Peter’s Professional fertilizer every two weeks, alternating between general purpose (N:P:K = 20:10:20) and low-phosphorus (N:P:K = 15:0:15) formulas, and fertilized with Jack’s Classic Blossom Booster (JR Peters INC, PA, USA) (N:P:K = 10:30:20) every week to enhance flowering.

Tissue was harvested from young, budding plants, usually between the first and third flower. Four tissue types were collected: young leaf (less than 2.5 cm) near apical and lateral meristems, whole calyx from unemerged buds, petal (with stamen and pistil removed) from
unemerged buds, and stem (around 2.5 cm segments) from newer plant growth. Tissue samples were flash frozen in liquid nitrogen and stored at -80°C until the date of RNA extraction.

**Figure 1**
Sources of the plant materials that provided RNA for RNA-seq and qPCR. *Mimulus guttatus* genotype CG was wild-collected in Dublane, Scotland; *M. l. luteus* highly inbred line EY7 was originally collected from El Yeso, Chile (COOLEY et al. 2008); *M. guttatus* highly inbred line IM767 was originally collected from Iron Mountain, OR (WILLIS 1999).

**Transcriptome Preparation and Assembly**
Total RNA was isolated from four tissue types (stem, leaf, calyx, petal) from both *M. guttatus* and *M. l. luteus*. At Whitman, the Agilent Plant RNA Isolation Kit (Santa Clara, CA) was used, and at Duke, the Zymo Research Direct-Zol RNA MiniPrep (Irvine, CA) was used, following the manufacturer’s protocol, with on-column DNase I and elution in nuclease free water heated to 65°C. RNA concentration and integrity were assessed using a NanoDrop Lite spectrophotometer (Thermo Fisher Scientific, DE, U.S.A) or Qubit fluorometer (Thermo Fisher Scientific, DE, U.S.A.).
Whole transcriptome, RNA-seq libraries were constructed for four tissue types from each of two biological replicates (T1 and T2) for both *M. guttatus* and *M. l. luteus* (see Figure 1). T1 transcriptomes were prepared using the TruSeq RNA kit (Illumina; San Diego, CA) and then sequenced with single-end 100bp reads using one lane of an Illumina HiSeq-2000 at the University of Missouri DNA core. T2 transcriptomes were prepared using the Kapa Stranded mRNA-Seq kit (Kapa Biosystems; Wilmington, MA) and were sequenced using one lane of an Illumina Hiseq 2500 at the Duke University DNA core.

All Illumina reads were quality filtered using NextGENe v2.3.3.1 (SoftGenetics; State College, PA). Adapter sequences and reads with a median quality score of less than 22 were removed; reads were trimmed at positions that had three consecutive bases with a quality score of less than 20; and any trimmed reads with a total length less than 40bp were removed. This resulted in ~87.9% of the reads passing the quality-score filter. Expression levels, in FPKM (fragments per kilobase per million reads), were determined for a total of 25,465 genes in *M. guttatus* (diploid) and 46,855 genes in *M. l. luteus* (tetraploid). Quality-filtered reads for each library were aligned to the respective genomes using NextGENe v2.3.3.1. Only uniquely mapped reads were counted, using the following parameters: A. matching Requirement: >40 Bases and >99%, B. Allow Ambiguous Mapping: FALSE, and C. Rigorous Alignment: TRUE. This resulted in the alignment of over 74.4 million reads to the diploid *M. guttatus* genome and 107.4 million reads to the tetraploid *M. l. luteus* genome.

Genome completeness of the allotetraploid *M. l. luteus* in terms of gene content was assessed using BUSCO (SIMÃO et al. 2015) with the default setting and a set of universal single-copy orthologs. The vast majority of BUSCO groups, 931 of 956 (97.4 percent), were identified in the *M. l. luteus* genome assembly, and 837 of those had duplicates. The high percentage of duplicate genes in this analysis indicates that homoeologs were not collapsed during the assembly of the genome. This is further supported by comparative genomic analyses of both *Mimulus* genomes (EDGER et al. in revision), revealing a 2:1 genome-wide ratio of *M. l. luteus* (tetraploid) : *M. guttatus* (diploid) syntenic blocks.
Analysis of RNA-seq libraries

Within each species, genes with expression levels lower than 5 FPKM in any of the eight transcriptomes were excluded from any of the further stability analyses. We reasoned that such low-expression genes would make poor qPCR references due to the difficulties in detecting and quantifying their expression. After their removal, a total of 7,225 genes in *M. guttatus* and 10,755 genes in *M. l. luteus* were evaluated. Two methods were used for the analysis of expression stability: simple CV calculations, and exclusion of differentially expressed genes (fold change method (ROBINSON et al. 2010)).

For the CV method: Calculations for mean expression (Mean), standard deviation (SD), and the coefficient of variation (CV) were executed in Microsoft Excel or in R (Pumpkin Helmet, v.3.1.2). CV was calculated as SD/Mean. Mean and SD were measured over the four tissue types of both biological replicates (eight samples total) for each species. We adopted a CV cut-off for stable genes of 0.5, which was the cut-off for stable expression across heterogeneous samples advocated by HELLEMANS et al. (2007).

For the fold change method: Log fold change was used to evaluate differential expression in pairwise sample comparisons. Genes with a high fold change (greater than 0.4 in *M. guttatus* and 0.3 in *M. l. luteus*) in any pairwise sample comparison were eliminated until a final list of stably expressed genes was obtained (Table S1). The cut-off values used in this study were selected so as to obtain a short list of genes with low variation in expression; the appropriate cut-off value can vary depending on the samples being analyzed and the overall goal of the analysis. The edgeR program (v. 3.12.0) was used to calculate log fold change because the program normalizes expression values by library size for each sample, but any method of fold change calculation can be used. The edgeR program was accessed through Bioconductor and analysis was executed in R.

Gene Annotation

Stably expressed genes were annotated based on the agreement between BLAST results from the NCBI nucleotide database (http://blast.ncbi.nlm.nih.gov/) and from the annotated *Mimulus guttatus* v.2 genome in the Phytozome v.10 database (http://phytozome.jgi.doe.gov/).
Traditional reference genes were identified in the RNA-seq datasets in a three-part method. First, known *Arabidopsis thaliana* sequences for traditional reference genes 60s ribosomal protein L8, actin 2/7, actin 11, β-tubulin 2, ubiquitin 5, ubiquitin conjugating enzyme 25, peroxin 4, GAPDH-C1, and EF1-α (see Table S2) were used in a BLAST search against the *M. guttatus* v.2 genome in the Phytozome v.10 database in order to identify the appropriate *M. guttatus* homologs. Once a gene match with the correct annotation was identified in Phytozome, a short (approximately 20 bp) sequence from the coding region was then used to identify transcripts from the *M. guttatus* and *M. l. luteus* RNA-seq libraries. The resulting *M. guttatus* and *M. l. luteus* transcripts were used in a BLAST search against the NCBI nucleotide database to ensure that they had been correctly identified.

**qPCR Genes**

Eight genes were selected for validation via qPCR (Table S3). Four traditional reference genes were selected based on both their widespread use in qPCR reference gene literature and on the ease of designing copy specific primers. The four traditional genes chosen were actin 2/7 (ACT), GAPDH-C1 (GAP), peroxin 4 (PEX), and ubiquitin conjugating enzyme (UBC). See the above section on Gene Annotation for methods of gene identification within the transcriptome. Four additional genes were chosen based on their apparent stability across T1 tissues in both species, but were later found to be unstably expressed across T2 tissues (see Table S3). However, these genes were retained for analysis in order to compare the qPCR and RNA-seq methods. The four genes chosen were mediator of RNA polymerase 12 (MRP), pectin acetyesterase (PAE), receptor-like kinase (RPK), and FYVE zinc-finger transcription factor (ZNF). The *Mimulus guttatus* GenBank accession numbers for these eight genes, catalogued under *Erythranthe guttata* (Barker et al. 2012), are: ACT = XM_012974510.1, GAP = XM_012999102.1, PEX = XM_013002418.1, UBC = XM_012995233.1, MRP = XM_012984744.1, PAE = XM_012984356.1, RPK = XM_012985914.1, ZNF = XM_013000433.1.

**qPCR Primer Design**
qPCR primers were designed using Primer3 (http://biotools.umassmed.edu/bioapps/primer3_www.cgi) with the following criteria: T$_m$ of 60 ± 3°C, PCR amplicon length of 130 to 250 bp, primer length of 18 to 25 bp, and GC content of 35 – 60%. The T$_m$ criterion was relaxed for UBC to 55 ± 3°C to enable the discovery of suitable primers. Primers were designed to optimally sit as close to the 3’ end of the transcript as possible and to span an intron, but these criteria were relaxed in an effort to design primers that are homeolog specific in the allotetraploid *M. l. luteus*. *Mimulus l. luteus* primers were aligned with BLAST against the *M. l. luteus* (Illumina masked v1.1) genome in CoGe (https://genomevolution.org/CoGe/) to ensure homeolog and paralog specificity. *Mimulus guttatus* primers were aligned with BLAST against the *M. guttatus* genome (JGI hardmasked vV2) in CoGe to ensure copy specificity. Primers were synthesized by Invitrogen (Life Technologies, U.S.A.). See Table S4 for the full list of primer pairs.

To verify primer specificity, PCR products were amplified by Taq DNA polymerase in a Mastercycler Nexus (Eppendorf, Germany), gel purified using the E.Z.N.A. kit (Omega Biotek, U.S.A.), and Sanger sequenced by Eton Bioscience (U.S.A.). Although all primers produced a single band on an agarose gel, the gel extraction step was included to produce cleaner and more concentrated sequencing products. Sequencing confirmed the copy specificity of all primer pairs except for the *M. l. luteus* RPK and PEX primer pairs, which targeted two and three paralogs, respectively.

**cDNA Synthesis**

cDNA was synthesized from 1 µg of total RNA and a mixture of oligo dT and random primers using the Quanta qScript cDNA Synthesis kit (Quanta BioSciences, MD, U.S.A.) and following the manufacturer’s protocol. cDNA was stored at 4°C and unused RNA was stored at -80°C.

Quality controls for cDNA were two-fold. First, all RNAs and cDNAs were checked for absence of genomic DNA contamination using primers that surround an actin intron (5’-CCCAAGGCTAACAGGGAGAA-3’ and 5’-GTGCTGGATTCTGTGACG-3’). Second, gene expression estimates were obtained from the 3’ versus 5’ ends of a single gene. A 3’/5’ ratio
substantially greater or less than 1 may indicate degradation of the mRNA template, or incomplete processivity of the reverse transcription reaction. The MIQE guidelines (Bustin et al. 2009) suggest a range of 0.2 – 5.0 for samples to be used in qPCR. The 3'/5' ratio of the receptor-like protein kinase cDNA was tested for all tissue types in each individual used in this study, using two primer pairs that amplify in the 5' region (5'-TGGGCTCGAGTATTTTGCTT-3' and 5'- TGCTTCCTAATCCAAAGATACCA -3') or the 3' region (5'- CCTGAGGTGACAAGACACA -3' and 5'-ATCAATGGACAAAAGCAGGC -3') about 1kb away from each other. Some 3'/5' ratios were found to be > 5 (see Table S5). This could result in an underestimation of expression for genes with primers in the 5' region of the gene, which includes ACT in both species and the M. guttatus ZNF. The 3'/5' ratios also had a tissue bias, with all stem cDNA samples and some of the calyx cDNA samples having values >5.

qPCR Conditions

Comparative qPCR was performed for four biological replicates (all from plants grown at Whitman College, see Plant Materials) and three technical replicates for each tissue type (leaf, stem, petal, and calyx) from each of the two species (M. guttatus and M. l. luteus). A total of eight genes were selected for qPCR validation (see section qPCR Genes and Table S3) using the primers listed in Table S4. Reactions contained 1X SYBR Green Master Mix (Brilliant III Ultra-Fast SYBR Kit, Agilent Technologies, CA, U.S.A.), 400 nM of primer (except for when amplifying PEX4 from M. l. luteus, where 500 nM of primer was used), 1µl of 1:500 diluted ROX dye, and 1µl of cDNA (50 ng/µL) in a final volume of 12.5 µL. PCR reactions were performed in either optical 8-well PCR strips (Agilent Technologies, CA, U.S.A.) or optical 96-well plates (Greiner Bio-One, Belgium) using the Stratagene Mx3000P qPCR system (Agilent Technologies, CA, U.S.A.). Samples were amplified for 40 cycles of 10s at 95°C and 20s at the appropriate annealing temperature (see Table S4) after an initial denaturation step at 95°C for 3 minutes. An additional dissociation curve was recorded after cycle 40 by heating from 55°C to 95°C with a ramp speed of 0.01°C per second (Figure S1). Raw qPCR fluorescence data were collected and analyzed by the default settings of the MxPro software v.4.10 (Agilent Technologies, CA, U.S.A.). Cq (“quantification cycle,” the cycle in which fluorescence from DNA amplification
first exceeds background fluorescence) was determined at a fluorescence threshold of 0.23 for all runs; this fixed threshold was based on the average adaptive threshold of all individual runs. Amplification efficiencies for each primer pair were determined using the Cq values obtained from a 1/4 dilution series (1:4, 1:16, 1:64, 1:256, 1:1024) where \( E = 10^{(1/\text{slope})} \). Efficiency for each primer pair was calculated to be between 83% and 102% using the standard curve method (Table S6).

### Analysis of qPCR Expression Data

Before analysis, the Cq values from qPCR were averaged over the three technical replicates, unless the replicates differed by >1 Cq. In that case, the outlier technical replicate was removed and Cq was averaged over the two remaining technical replicates. These averages were then both calibrator and efficiency normalized using the equation below. GAP amplified from the same sample of *M. l. luteus* young leaf cDNA acted as the inter-plate calibrator. Efficiency values for each gene are listed in Table S6. Relative expression of each gene was calculated as:

\[
\text{Relative Expression} = \text{Efficiency}^{\Delta C_q}, \quad \text{where } \Delta C_q = C_{q\text{calibrator}} - C_{q\text{sample}}
\]

In order to have a metric of gene stability that could be directly compared to stability estimates from RNA-seq data, the coefficient of variation (CV) was calculated for each gene from the relative qPCR expression data. Calculations for mean expression (Mean), for standard deviation (SD), and for the coefficient of variation (CV= SD/\text{Mean}) were executed in Microsoft Excel. SD and Mean were calculated from the relative expression of each of the four tissue types, averaged over the four biological replicates per tissue.

### Statistical Analyses

All statistical tests were run using R software (Pumpkin Helmet, v.3.1.2). Linear models were fitted to obtain t-test results and Pearson’s correlation coefficient.
Data Availability

All transcriptomic expression data are provided in Tables S7 and S8. Primer sequences are provided in Table S4. Raw reads from this study are deposited in Dryad (http://dx.doi.org/10.5061/dryad.84655) and are further analyzed in (EDGER et al. in revision).

RESULTS

Identification of Novel Reference Genes for *Mimulus*

In order to identify potential qPCR reference genes, we compared two simple methods for evaluating variation in expression across tissue types and growing environments: (a) genes with the lowest overall CV across all tissues from both transcriptome sets (T1 and T2; see Figure 1) and (b) exclusion of differentially expressed genes, determined through calculations of fold change, between pairwise comparisons of all tissue samples from both transcriptome sets. We identified 50 genes per species using the CV method and 8 genes per species using the fold change method (Tables S9 and S1) that have the potential to be good candidate reference genes for qPCR studies in *Mimulus*.

Although CV was not correlated with total expression level (Figure S2), we used a minimum expression cut-off of 5 FPKM in order to exclude genes that are expressed at levels too low to be useful for qPCR normalization. The 50 genes with the lowest CV across both biological replicates of each species are listed in Table S9. Genes on this list have CVs under 0.14 for *M. guttatus* and under 0.12 for *M. l. luteus*. Although a 0.50 CV cut-off has previously been recommended for choosing qPCR reference genes (HELLEMANS et al. 2007), we find that a majority of robustly expressed genes fall under this cut-off (Figure 2). In *M. guttatus*, 4,106 genes out of 7,225 had a CV of less than 0.50; in *M. l. luteus*, 6,832 genes out of 10,755 were under this cut-off.

For the fold change method, any genes with a log fold change greater than 0.4 in *M. guttatus* or 0.3 in *M. l. luteus*, in any pairwise sample comparison, were excluded.
Eight *M. guttatus* and eight *M. l. luteus* genes were identified in this manner that had low variation in expression across the four tissue types from two biological replicates (Table S1). The fold change method was consistent with the CV method; five *M. guttatus* genes and one *M. l. luteus* gene identified by the fold change method are also found on the top 50 CV list, and all of the genes identified by the fold change method are listed within the top 200 genes with the lowest CV (Table S10).

**Figure 2**
Distribution of Coefficient of Variation (CV) for all reliably expressed genes (>5 FPKM in all samples) in (A) *M. guttatus* and (B) *M. l. luteus*. The dashed line marks the 0.50 CV cut-off for stably expressed genes and the arrows point to the two traditional reference genes with the lowest variation in expression for each species (Table S2). The portion of the density curves containing the top 200 genes with the lowest CV are shaded black; all genes selected using the CV and fold change method fall within this region.

**Traditional Reference Genes in *Mimulus***
Since traditional reference genes can be inconsistently expressed in many biological systems (*Suzuki et al.* 2000; *Brunner et al.* 2004; *Dheda et al.* 2004; *Czechowski et al.* 2005), we investigated the expression variability of these traditional
“housekeeping” reference genes in *Mimulus* using both transcriptomics and qPCR. We chose nine common traditional reference genes to analyze from the RNA-seq datasets: 60s ribosomal protein L8 (L8), actin 2/7 (ACT), actin 11 (ACT1), β-tubulin 2 (TUB), ubiquitin 5 (UBQ), ubiquitin conjugating enzyme 25 (UBC), peroxin 4 (PEX), GAPDH-C1 (GAP), and EF1-α (EF1) (see Table S2). We then corroborated the expression variability for four of these nine genes (ACT, PEX, UBC, and GAP) using qPCR (see Table S3).

In both *M. guttatus* and *M. l. luteus*, there were thousands of expressed genes with lower CVs than the traditional housekeeping genes (Figure 2, Table S2), and none of the traditional housekeeping genes were amongst the 16 genes identified by the fold-change method. Nevertheless, four traditional genes in *M. guttatus* (GAP, UBC, TUB, and PEX) and four in *M. l. luteus* (L8, GAP, ACT, and UBC) do have CVs lower than 0.5, suggesting that could be useful reference genes for qPCR normalization in these species (Figure 3).

The follow-up qPCR validation reported much lower expression variability for the tested subset of traditional genes. This is most likely due to a less variable group of plants being measured for qPCR than were measured for RNA-seq (see Figure 1). Expression variability was even lower when measures from petal tissue are excluded (Figure 3), as expression levels for all four tested genes were substantially higher in petal tissue than in the other three tissue types (Figure S3). This is only the case for the qPCR data and there is no trend in the RNA-seq data when petal is excluded, even though transcriptome T2 was derived from one of the same RNA samples that was used for qPCR. When all tissues were included in the qPCR variability calculations, we found that GAP had the lowest variation in expression in *M. guttatus* and PEX was the least variable in *M. l. luteus*. When petal was excluded, UBC was the least variable traditional reference gene in both species.
Expression variability estimates for selected traditional reference genes, based on CV. Expression variability in *M. guttatus* (A) and *M. l. luteus* (B) measured via RNA-seq on both T1 and T2 (left column) or via qPCR on T2 samples only (right column). Grey bars show the calculated CV when all tissue types are included and black bars show the calculated CV when petal tissue is excluded. Genes are ordered from most variable to least variable, with a dash line showing a previously suggested cut-off for usable reference genes at 0.50 CV. For the tetraploid *M. l. luteus*, CV reported for the RNA-seq data is the average of both homeologs. The genes tested include 60s ribosomal protein L8 (L8), actin 2/7 (ACT), actin 11 (ACT1), β-tubulin 2 (TUB), ubiquitin 5 (UBQ), ubiquitin conjugating enzyme 25 (UBC), peroxin 4 (PEX), GAPDH-C1 (GAP), and EF1-α (EF1). CV was calculated from FPKM values for genes measured via RNA-seq and from relative expression values, calculated by Efficiency$^{\Delta C_q}$, where $\Delta C_q = C_q^{\text{calibrator}} - C_q^{\text{sample}}$, for genes measured via qPCR.
Although environmental condition was not a purposeful manipulation in our study, the different growth histories of the genetically identical plants used for the two *M. l. luteus* transcriptome sets allowed us to evaluate the robustness of gene expression to moderate environmental variation. This was achieved by comparing both mean expression and expression variability (measured by CV) across the different tissue types between T1 and T2. For comparison, we also evaluate the two *M. guttatus* transcriptome sets, although the plants used in this comparison were genetically as well as environmentally different (see Figure 1).

The correlation in CV between T1 and T2 is weaker than the correlation in mean expression for both species, showing a stronger environmental effect on the variance than on the mean (Figure 4). Additionally, CV estimates were more closely correlated between the replicates of *M. l. luteus* than between the replicates of *M. guttatus*, as expected given that the *M. l. luteus* replicates came from the same highly inbred line of plants while the *M. guttatus* replicates came from different lineages.
Figure 4
Correlation in expression mean (FPKM) and variability (CV), as measured by RNA-seq, between the biological replicates (T1 and T2) of *M. guttatus* (A) and *M. l. luteus* (B). Values for Pearson’s correlation coefficient are given above each graph and the line of best fit is shown in black. Genes with mean expression less than 1 FPKM were excluded from the plot.

The expression data collected via RNA-seq were validated for accuracy using qPCR expression data for a selected group of eight genes including four traditional
reference genes (Table S3). Mean expression values measured by RNA-seq
transcriptomes T1 and T2 were both in agreement with values found via qPCR (Figure
5A). In contrast, expression variability estimated by qPCR was significantly correlated
with T2 expression variability, but had no significant relationship to T1 expression
variability (Figure 5B). This is most likely due to variation in plant lineage and plant
growth conditions, as the T2 transcriptomes and the qPCR data derive from genetically
identical plants that were grown in the same greenhouse, while the T1 transcriptomes
derive from plants grown in a greenhouse at a separate institution. For M. guttatus, T1
and T2 also differed in the accession used (Fig. 1). This pattern, particularly for the
isogenic M. l. luteus transcriptomes, suggests that environmental factors may have a
greater effect on the “noise” in gene expression than on the expression level itself.
Figure 5

Comparisons of relative gene expression and of expression variability as determined by RNA-seq and by qPCR for a sample of four traditional reference genes (closed symbols) and four additional genes that had initially been found to be stably expressed in transcriptome T1 (open symbols) (Table S3). The T2 RNA-seq transcriptomes and the qPCR data were derived from genetically identical plants grown in the same greenhouse, while the T1 RNA-seq transcriptomes were derived from plants grown in a greenhouse at a separate institution (Fig. 1). (A) There is a strong correlation in relative expression determined by qPCR and RNA-seq, for both T1 (left panel, $r = 0.90, P < 0.001$) and T2 (right panel, $r = 0.85, P < 0.001$). (B) Expression variability (CV) measured via qPCR is correlated with expression variability measured via T2 (right panel, $r = 0.74, P = 0.001$), but is not correlated to expression variability measured via T1 (left panel, $r = -0.42, P = 0.104$). Expression data from both *M. guttatus* and *M. l. luteus* are included together. Relative expression of T1 and T2 is given in FPKM. Relative qPCR expression = Efficiency$^{\Delta C_q}$, where $\Delta C_q = C_q^{Calibrator} - C_q^{sample}$. 
DISCUSSION

Identification of Novel Reference Genes for *Mimulus*

While RNA-seq has the potential to accurately identify genes with low variation in expression, there is still not a universally accepted method for selecting reference genes from RNA-seq data. Most of the programs that are widely used for reference gene selection, such as geNorm, BestKeeper, and NormFinder, were designed specifically for qPCR data and can only process a handful of genes at a time (Vandesompele et al. 2002; Andersen et al. 2004; Pfaffl et al. 2004). We explored two different methods for identifying stably expressed genes from whole transcriptome data: (1) ranking genes based on the coefficient of variation of expression across different samples (“CV method”) and (2) excluding unstable genes using a log fold change cut-off value (“fold change method”). We find that both methods identify many stably expressed genes that have the potential to be novel reference genes for qPCR expression studies in *M. guttatus* and *M. l. luteus* (see Tables S9 and S1).

Using the CV method, all expressed genes from *M. guttatus* and *M. l. luteus* were ranked based on the variability of their expression across different tissue types and growing conditions and the top 50 genes with the lowest variability were identified (Table S9). Using the fold change method, we identified eight *M. guttatus* and eight *M. l. luteus* genes with low variability in expression across four different tissue types and two biological replicates. No traditional reference genes were identified as being among the top 50 most stably expressed genes, by either of our methods. In addition, the novel reference genes we identified had much lower expression variability in our system than any of the most commonly used traditional reference genes (Figure 2), which highlights the utility of the whole transcriptome approach to reference gene selection.

The advantage to using either of these methods for reference gene selection is their simplicity in calculation. While the fold change method has the benefit of...
producing a discrete list of genes with low variation in expression, the CV method has
the benefit of quantifying expression variability in a way where genes can be ranked
and directly compared. These methods have previously been used in other plant species
to select novel reference genes from transcriptomic data (Czechowski et al. 2005;
Chang et al. 2012), but we are the first to show that these two methods produce
comparable results. All of the genes found on the fold change short-list were among the
200 genes with the lowest CV, which corresponds to the top 2-3% most stably expressed
transcripts. Ideally, novel reference genes would be selected that score well according to
both metrics.

The CVs of the novel reference genes we identified are all less than 0.20, whereas
a previously suggested cut-off for valid reference genes is a CV of 0.50 (Hellemans et al.
2007). It is important to note that using a 0.50 CV cut-off in our system included a
majority of expressed genes (Figure 2), and thus it was not a very discriminating
standard for determining expression variability. Since the range of expression can be
quite variable, depending on the relatedness of the samples, a single variability cut-off
is unlikely to work universally for all experimental designs, and thus a transcriptomic
approach appears especially beneficial for selecting stably expressed reference genes.

Traditional Reference Genes in Mimulus

Many studies have pointed to the instability of traditional “housekeeping”
reference genes (Suzuki et al. 2000; Brunner et al. 2004; Dheda et al. 2004; Czechowski
et al. 2005). We find that some traditional reference genes in Mimulus have the potential
to work well for qPCR normalization. Using a whole transcriptome method, we
identified four traditional reference genes that have somewhat low variation in
expression (CV < 0.50) in M. guttatus and M. l. luteus (Figure 3). Two genes, UBC and
GAP, were even identified as stably expressed in both species and could potentially be
good universal reference genes for the Mimulus genus. We confirmed our findings for
four of these traditional reference genes with qPCR and found that all four (GAP, ACT, UBC, and PEX) could be acceptable as reference genes for both species based on qPCR estimates of expression variability across tissues, although some of the genes were at or slightly above the recommended 0.5 CV cutoff when the relatively-divergent petal tissue samples were included (Figure 3). However, these traditional reference genes were nowhere near the most stably expressed in the transcriptome as a whole (Figure 2), which highlights the opportunity to discover dramatically more stable reference genes using a transcriptome-guided approach.

Despite the widespread use of *Mimulus* as a model genus for genetics, very few papers have attempted to validate reference genes for use in this genus. *Scoville et al.* (2011) qualitatively ranked the expression variability of six traditional reference genes in *M. guttatus* and found that UBQ and EF1α were the most stably expressed. We quantitatively investigated four of these six traditional reference genes in our own study and found that UBQ and EF1α had higher expression variability than other traditional reference genes and that, in both species, the expression of these two genes was not stable enough for either to be used as a reference gene under our study conditions. *Scoville et al.* (2011) tested different lines of *M. guttatus* and included a wound treatment, which may have resulted in our differing reports of traditional reference gene stabilities. This again highlights the importance of reference gene validation for specific study conditions.

Although we found that some traditional reference genes can be used for qPCR normalization, they are not optimal reference genes; the variability in expression of the traditional reference genes is very high when compared to the variability of all robustly expressed genes (Figure 2, Table S2). This indicates that whole transcriptome approaches, such as RNA-seq, have great potential to discover novel reference genes that are stably expressed in the study system of interest. With the current speed and low cost of RNA-seq, as well as the online availability of multi-tissue and/or multi-
environment RNA-seq data sets, we expect that the whole transcriptome approach will be increasingly useful for reference gene identification and validation.

Efficacy of Transcriptomics for Reference Gene Selection

RNA-seq has been shown repeatedly to generate accurate measurements of gene expression (Marioni et al. 2008; Mortazavi et al. 2008; Nagalakshmi et al. 2008; Nookaew et al. 2012). We find similar results in Mimulus when comparing the relative expression determined by RNA-seq to the relative expression determined by qPCR for eight selected genes (Figure 5A). We also find that estimates of expression mean are robust to moderate environmental and genetic variation, but that estimates of expression variability across tissue types are only in agreement when the samples were obtained from a shared environment (Figures 4 and 5). These results suggest that environmental changes may have a greater impact on expression variability than on expression means.

For the goal of reference gene selection, where expression variability must remain low, this difficulty can be solved in two ways. One approach is to use the same samples for both RNA-seq and the subsequent qPCR analysis, as in Chang et al. (2012) and Yang et al. (2014). This method would be highly accurate, but would be extremely specific to particular study conditions. A second approach would be to evaluate a large variety of genotypes or growth conditions to discover genes that are maximally stable across genetically and environmentally distinct samples, as was done for Arabidopsis thaliana in Czechowski et al. (2005). This method would allow for the identification of a starting pool of “universally” stable genes.

Reference Gene Selection using RNA-seq

We show, using Mimulus as a case study, that RNA-seq is a promising tool for selecting genes with low gene expression variance that can be used as novel qPCR
reference genes. As many research labs regularly use RNA-seq as a first approach to collecting expression data, already completed RNA-seq transcriptomes are a readily available tool that can be used to search for candidate qPCR reference genes in any study system. Although we find that the variance in expression is variable between environmental conditions, we propose that transcriptomes from diverse samples can be pooled in order to identify more universally stable genes. We show that two simple methods for identifying genes with low expression variance, the CV method and the fold change method, both result in comparable evaluations of expression variance. Thus, either of these methods can be used to identify a preliminary set of highly stable candidate reference genes for qPCR experiments.

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