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Mucous contribution to gut nutrient content in American gizzard shad *Dorosoma cepedianum*

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1 **Mucous contribution to gut nutrient content in American gizzard**
2 **shad *Dorosoma cepedianum***
3

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14
15 Running headline: MUCUS IN GUT CONTENT OF *D. CEPEDIANUM*

16 This study developed and applied an approach to calculate the proportion of fish gut content
17 composed of mucus secreted by the oropharyngeal cavity and gut. The amount of nitrogen in the
18 contents of the foregut (esophagus and gizzard) and the epibranchial organs of suspension-
19 feeding American gizzard shad *Dorosoma cepedianum* was significantly higher than the nitrogen
20 in the homogeneous food source. Using data collected from suspension-feeding experiments and
21 the nitrogen content of *D. cepedianum* mucus, a series of equations illustrated that mucus
22 constituted approximately 10% of *D. cepedianum* foregut content and 12% of epibranchial organ
23 content by dry mass. Future quantification of fish feeding selectivity and absorption efficiency
24 can use this approach to take into account the contribution of fish mucus to the nutrients in the
25 gut contents. This study supports the conclusion that suspension-feeding *D. cepedianum* in a
26 heterogeneous environment selectively ingest nutrient-rich particles, even when gut nutrient
27 content is adjusted to take into account the contribution of mucus.

28

29 Key words: bioenergetics; epibranchial organs; feeding selectivity; filter feeding;
30 suspension feeding.

31

INTRODUCTION

32

33

34 Several functions of fish mucus have been described, including ionic and osmotic regulation,
35 nest building and protection, respiration, reproduction, disease resistance, excretion,
36 communication, gas exchange, locomotion, and feeding (Shephard, 1994). Although mucus is
37 ubiquitous in fish feeding, few studies have quantified the extent to which mucus is involved.
38 Mucus is present in the fish alimentary tract (Wilson & Castro, 2011), but contributions of
39 mucus to the nutrient or energy content of feces are traditionally considered to be minor and
40 have not been factored into bioenergetics calculations of absorption efficiency (Jobling, 1994).

41 This assumption that fish-secreted substances have a negligible influence on the nutrient
42 content of food in the gut is also universal in studies of feeding selectivity. For example, a high
43 nutrient content in the gut of suspension-feeding fish has been attributed to selective sorting and
44 swallowing of small nutrient-rich food particles (e.g., Heidman *et al.*, 2012). However, mucus
45 secreted in the oropharyngeal cavity and other regions of the alimentary tract contains nutrients.
46 Therefore, high nutrient levels in suspension-feeding fish foreguts may be due in part to
47 ingestion of the fish's own mucus rather than being due solely to the selective ingestion of food
48 particles with high nutrient content.

49 Ideally, analyses of particle selectivity in suspension-feeding fishes should account for the
50 nutrients from mucus that has been ingested with food particles or secreted into the foregut. One
51 estimate from unpublished data suggested that mucus and enzyme secretions associated with the
52 foregut lining contributed <5% of the organic content in the gut of juvenile white sucker
53 *Catostomus commersoni* (Lacepède 1803) (Ahlgren, 1996). No estimates for the nutrient and
54 energy content of fish mucus in the alimentary tract have been published, even though mucus can

55 represent a substantial portion of an aquatic animal's energy budget (e.g., Davies & Hawkins,
56 1998). Fish mucus has been reported to consist of up to 10-11% nitrogen by dry weight in some
57 species (Arnal *et al.*, 2001; Arnal & Morand, 2001), suggesting that mucus has the potential to be
58 a significant source of the nitrogen found in the gut contents of suspension-feeding fishes.

59 Mucus present on surfaces in the oropharyngeal cavity serves important functions in
60 suspension-feeding fishes. For example, during hydrosol filtration in Nile tilapia *Oreochromis*
61 *niloticus* (L. 1758), mucus on the gill arches and rakers captured and aggregated food particles
62 small enough to escape through the gaps between filtering structures (Northcott & Beveridge,
63 1988; Sanderson *et al.*, 1996). Hoogenboezem & van den Boogaart (1993) identified mucus as
64 an important component in the accumulation, storage, and transport of food particles in
65 suspension-feeding freshwater bream *Abramis brama* (L. 1758). Large numbers of zooplankton
66 were contained in mucus boluses in the dissected oropharyngeal cavities of *A. brama*. In
67 addition, Paig-Tran & Summers (2014) used histology to detect mucus-producing cells on the
68 filter of three suspension-feeding species in the ray family Mobulidae, suggesting that the mucus
69 assists in filtration or particle transport.

70 The facultative suspension-feeding American gizzard shad *Dorosoma cepedianum* (Lesueur
71 1818) consumes zooplankton and phytoplankton when these live foods are available, and
72 consumes benthic detritus when plankton are scarce (Mundahl & Wissing, 1988). Goblet cells
73 and mucus are common throughout the *D. cepedianum* alimentary tract, including the
74 oropharyngeal cavity, epibranchial organs, esophagus, and gizzard (Heinrichs, 1982). In *D.*
75 *cepedianum*, epibranchial organs are paired sacs in the posterior oropharynx (Fig. 1) thought to
76 collect and consolidate food particles which are then delivered to the esophagus in a mucus

77 bolus for swallowing. Epibranchial organs have been associated with microphagy in many
78 groups of fishes, including Osteoglossiformes, Cypriniformes, Gonorhynchiformes and
79 Clupeiformes (Schmitz & Baker, 1969; Kapoor *et al.*, 1975). The epibranchial organ contents
80 of microphagous fishes, however, have not been quantified in previous studies. Drenner *et al.*
81 (1982) found plankton bound with mucus in *D. cepedianum* epibranchial organs, but *D.*
82 *cepedianum* were not observed to use mucus to trap particles in the oropharyngeal cavity
83 during crossflow filtration (Sanderson *et al.*, 2001). *Dorosoma cepedianum* intraoral mucus may
84 function to aggregate particles in the posterior oropharynx and epibranchial organs or regulate
85 the loss of water between the rakers and between the gill arches (Smith & Sanderson, 2007).

86 Given the substantial importance of fish mucus in suspension feeding, the purpose of this
87 study was to quantify the contribution of mucus to the gut content of fish. The objectives were to
88 (1) quantify the nutrient content (nitrogen and carbon) of mucus on external and internal
89 epithelia in *D. cepedianum*, (2) derive a series of equations to calculate the contribution of mucus
90 to gut nutrient or gut energy contents in fish, and (3) calculate the contribution of mucus to the
91 nutrients quantified in the food contents of the epibranchial organs and the foregut (esophagus and
92 gizzard) of *D. cepedianum*. This suspension-feeding species has substantial importance for
93 nutrient cycling in freshwater ecosystems (Domine *et al.*, 2010; Schaus *et al.*, 2010) and was
94 chosen for this research based on published reports of feeding selectivity (Higgins *et al.*, 2006;
95 Smoot & Findlay, 2010a; Heidman *et al.*, 2012).

96

MATERIALS AND METHODS

97

98

SEQUENCE OF DATA COLLECTION AND ANALYSIS

100

101 Two categories of data collection are described in the sections below: (1) collection of mucus
102 from external surfaces and internal surfaces of *D. cepedianum*, and (2) suspension-feeding
103 experiments followed by collection of foregut contents and epibranchial organ contents, for
104 comparison with the food suspended in the water.

105 Next, the data from the mucus analysis and the feeding experiments were used in the series of
106 equations derived here to permit calculation of the contribution of mucus to the dry mass of
107 foregut contents and epibranchial organ contents. A subset of the feeding experiment data from
108 Heidman *et al.* (2012) was also used as supplemental input in the equations for calculating the
109 proportion of gut contents contributed by mucus. Subsequently, the calculations of % mucus in
110 the foregut were applied to previously published reports of feeding selectivity in *D. cepedianum*,
111 to determine whether published data continue to demonstrate selection of high-nutrient particles
112 by this species even when the nutrient values in gut contents are adjusted to exclude the potential
113 contribution of mucus identified here.

114

FISH COLLECTION

116

117 Adult *D. cepedianum* (range 19.0-28.0 cm standard length) were collected from rivers and
118 lakes on the Virginia coastal plain using electrofishing techniques. Fish were maintained and fed

119 daily in 284 l glass holding aquaria at 19-21° C and acclimated to laboratory conditions for a
120 minimum of five days prior to experiments.

121

122 MUCUS COLLECTION

123

124 To determine the nitrogen and carbon content of *D. cepedianum* mucus, eleven fish were
125 euthanized by severing the vertebral column directly posterior to the cranium, followed by
126 pithing. Due to potential contamination from the nitrogen in MS-222, this compound was not
127 used for euthanasia.

128 External mucus was collected immediately post-euthanasia by sliding a flexible rubber-tipped
129 probe gently along the flanks of the fish to separate mucus from the scale surface. With another
130 probe, internal mucus was collected separately from surfaces within the oropharyngeal and
131 opercular cavities, including the gill arches, gill rakers, gill filaments, and internal suspensorium.
132 Mucus was placed onto tared Flat Tin Disks (PerkinElmer, Inc.; www.perkinelmer.com). For the
133 internal mucus collection, mucus from two or three fish was pooled on each tin disk to ensure an
134 adequate dry mass of mucus for analysis ($n = 5$).

135

136 SUSPENSION-FEEDING EXPERIMENTS

137

138 Experiments quantified the amount of nitrogen and carbon in a homogeneous food source
139 compared with the amount of nitrogen and carbon in the contents of the epibranchial organs and
140 foregut from feeding fish. These data were then used in the equations presented below to
141 calculate the proportion of gut contents contributed by mucus.

142 Big Strike fish food pellets (Southern States Cooperative; www.southernstates.com) were
143 milled and sieved using market grade sieves with mesh no. 120 (125 μm) and no. 60 (250 μm)
144 (Dual Manufacturing Co., Inc.; www.dualmfg.com). This process provided uniform particle sizes
145 with uniform nutritional quality. The experimental design of Sanderson *et al.* (1998) and
146 Sanderson & Cech (1995) was modified to maintain a homogeneous mixture of these particles
147 suspended within the aquarium. Four model PE-A submersible water pumps (150 l h^{-1}) (Little
148 Giant Pump Co.; www.lg-outdoor.com) were placed in the corners of a 110 l glass aquarium
149 containing 70 l of water. Pairs of pumps were attached to opposite ends of a perforated plastic
150 tubing. Air stones (15 cm length) were placed along the bottom of the aquarium. The pumps and
151 air stones created currents that prevented food particles from settling and maintained a
152 homogeneous distribution of particles. These currents did not alter the swimming movements of
153 the fish. Two *D. cepedianum* were transferred from the holding aquaria to the experimental
154 aquarium 24 h prior to the start of a trial, allowing fish to acclimate and to empty the foregut of
155 all contents. In preliminary experiments, 24 h was sufficient for complete gastric emptying. Any
156 observable feces were siphoned from the experimental aquarium prior to each trial.

157 Each trial ($n = 5$) began by adding 10.00 g Big Strike brand food particles (125-250 μm)
158 mixed in 50 ml of water to the aquarium. Fish were allowed to feed for one hour. To quantify
159 the food available, water samples were taken at 2, 30, and 60 min after particles had been added.
160 An open plastic tube (2.5 cm diameter) was pushed down through the water column onto a
161 rubber stopper placed randomly on the bottom of the aquarium, resulting in a sealed water
162 column sample of approximately 125 ml.

163 At the end of each trial, a fish chosen at random was euthanized as described previously and
164 was dissected immediately. The foregut (esophagus and gizzard, Fig. 1) was excised within 3-5

165 min and was placed on a clean paper towel. The entire contents of the esophagus and gizzard
166 were extracted using blunt, flat forceps to lift the contents without scraping the foregut lining.
167 Foregut contents were placed in a vial containing deionized water. The entire contents of both
168 epibranchial organs, if any, were also collected and placed in a separate vial. All samples from
169 the feeding experiments were filtered onto tared 25 mm glass Whatman GF/C microfiber filters
170 (General Electric Co.; www.gelifesciences.com) for nitrogen and carbon analysis.

171 Data from four additional feeding trials using a homogeneous food source were obtained from
172 an experiment conducted with Big Strike brand food sieved to a smaller particle size of 75-125
173 μm (Heidman *et al.* 2012). These data were also used in the series of equations outlined below.

174

175 ELEMENTAL ANALYSIS

176

177 Samples from the mucus collection and from the feeding experiments were stored in a drying
178 oven at 60 °C for at least 24 h before dry mass was measured to the nearest 0.01 mg on an AD 6
179 microbalance (PerkinElmer, Inc.; www.perkinelmer.com). Percent nitrogen (%N) and percent
180 carbon (%C) by dry mass of each of the samples were determined with a 2400 Analyzer
181 (PerkinElmer, Inc.; www.perkinelmer.com) calibrated with an acetanilide standard (71.09 %C,
182 10.36 %N, measurement accuracy to within 5%).

183 In preliminary experiments, samples of mucus and Big Strike brand food particles were
184 placed in a muffle furnace at 450° C for 3 h to burn off organic matter. Inorganic C was then
185 measured using the elemental analyzer and subtracted from the total C yield to determine the
186 amount of organic C in each sample. Inorganic C was not detectable in mucus and represented
187 less than one standard deviation of the mean total C quantified in the Big Strike brand food

188 particles (0.7% inorganic C \pm 0.2, mean \pm S.D., $n = 9$). Therefore, inorganic C was considered to
189 be negligible in mucus and commercial food.

190

191 CONTRIBUTION OF MUCUS TO FOREGUT AND EPIBRANCHIAL ORGAN 192 CONTENT

193

194 Based on the premise that the nitrogen quantified in the contents of the foregut and
195 epibranchial organs during the feeding experiments originated from either internal mucus or food
196 particles, a series of equations was derived to permit calculation of the contribution of mucus to
197 the dry mass of foregut content ($n = 9$) and epibranchial organ content ($n = 5$) for each individual
198 fish in the feeding experiments. This approach required a uniform, homogenized food source so
199 that fish could not feed selectively on particles with a higher nutrient content.

200 In the equations below, the term “epibranchial organs” can be substituted for the term
201 “foregut”. All percentage terms (%) are by dry mass.

202 Known Variables:

203 N_{mucus} = mean % nitrogen of internal mucus

204 N_{food} = mean % nitrogen of food particles (Calculated as the mean of the water samples in the
205 aquarium during each trial using ground Big Strike pellets.)

206 N_{foregut} = % nitrogen of foregut contents

207 W_{foregut} = dry mass of the foregut contents

208 Unknown Variables:

209 W_{mucus} = dry mass of internal mucus in the foregut

210 W_{food} = dry mass of food particles in the foregut

211 % food = proportion of foregut content attributable to food

212 % mucus = proportion of foregut content attributable to internal mucus

213

214 Eq. (1) defines the relationship between the dry mass of the foregut contents, food, and mucus
215 assuming the only substances found in the foregut are food and mucus:

$$216 \quad W_{\text{mucus}} = W_{\text{foregut}} - W_{\text{food}} \quad (1)$$

217 Eq. (2) defines the relationship between % nitrogen and dry mass of mucus, food, and foregut
218 contents:

$$219 \quad N_{\text{mucus}}W_{\text{mucus}} + N_{\text{food}}W_{\text{food}} = N_{\text{foregut}}W_{\text{foregut}} \quad (2)$$

220 Substituting Eq. (1) into Eq. (2):

$$221 \quad N_{\text{mucus}}(W_{\text{foregut}} - W_{\text{food}}) + N_{\text{food}}W_{\text{food}} = N_{\text{foregut}}W_{\text{foregut}} \quad (3)$$

222 Expanding and simplifying Eq. (3):

$$223 \quad N_{\text{mucus}}W_{\text{foregut}} - N_{\text{mucus}}W_{\text{food}} + N_{\text{food}}W_{\text{food}} = N_{\text{foregut}}W_{\text{foregut}} \quad (4)$$

$$224 \quad W_{\text{food}}(N_{\text{food}} - N_{\text{mucus}}) = W_{\text{foregut}}(N_{\text{foregut}} - N_{\text{mucus}}) \quad (5)$$

225 By setting W_{foregut} to 100% and solving for W_{food} in Eq. (5), W_{food} is converted into a proportion
226 of food (% food) found in the foregut contents:

$$227 \quad \% \text{ food} = (N_{\text{foregut}} - N_{\text{mucus}})(N_{\text{food}} - N_{\text{mucus}})^{-1} \quad (6)$$

228 Eq. (7) can be used to find % mucus constituting the foregut contents using the value for % food
229 from Eq. (6). The figure of 100% represents the entire foregut contents based on the assumption
230 that the only substances found in the foregut during the feeding experiments are food and mucus.

$$231 \quad \% \text{ mucus} = 100\% - \% \text{ food} \quad (7)$$

232 The approach presented above does not take into account absorption of nutrients that might
233 occur in the epibranchial organs or foregut during the feeding experiments, as data are not

234 available on such processes. Similarly, enzymes secreted in the fish alimentary tract have not
235 been included in this study but may contribute to the nutrients quantified in the gut contents.
236 Pepsin, lipase, amylase, and rennin have been documented qualitatively in the gizzard of gizzard
237 shad (Bodola, 1966), but the small amounts of material present in the esophagus and gizzard
238 have precluded quantitative assays for digestive enzyme activity (Smoot & Findlay, 2000).

239

240 DATA ANALYSIS

241

242 Levene's tests for homogeneity of variance and Shapiro-Wilk tests for normality were
243 performed. Values for %N and %C were not arcsine transformed, as arcsine transformation is not
244 recommended for percentage data that do not arise from count data (Sahu, 2013). Next, the %N
245 and %C in the water samples collected from the aquaria at 2, 30, and 60 min during the feeding
246 experiments were analyzed using repeated measures ANOVA. These nutrient levels of the food
247 available to the fish in the feeding experiments were then compared to the nutrient levels in the
248 foregut and epibranchial organs using paired *t*-tests. As the internal and external mucus samples
249 were not paired, the %N and %C content of the internal and external mucus samples were
250 compared using one-way ANOVA. All statistical tests were performed using JMP 10 Mac (SAS
251 Institute, Inc.; www.sas.com) at a level of significance of $P < 0.05$. A sequential Bonferroni
252 correction was used to account for the number of statistical tests performed (Rice, 1989).

253

254 QUANTITATIVE ASSESSMENT OF PARTICLE SELECTIVITY IN FISHES

255

256 Using the above equations to calculate the contribution of mucus to the nutrients in the
257 foreguts of suspension-feeding and detritivorous fishes, the ability of these species to selectively
258 ingest food particles with higher nutrient value can be assessed quantitatively. For example,
259 nutrients from *D. cepedianum* mucus can now be taken into account and subtracted from
260 Heidman *et al.*'s (2012) calculations of *D. cepedianum* feeding selectivity. For this purpose, a
261 conservative scenario was used in the current study where the upper limits of the 95%
262 confidence interval for the mean percent mucus by dry mass in the foregut content and the
263 epibranchial organs, obtained using the above methods, were used to calculate and subtract the
264 dry mass of nutrients contributed by mucus in the foregut and epibranchial organs. In this
265 manner, the values reported by Heidman *et al.* (2012) for *D. cepedianum* feeding selectively in
266 the laboratory on a heterogeneous distribution of low-nutrient particles (sediment) and high-
267 nutrient particles (ground commercial fish food) were adjusted to exclude the potential
268 contribution of mucus in calculations of feeding selectivity. One-way ANOVAs were then
269 performed to test for significant differences between the values of %N or the values of %C in the
270 heterogeneous food source (particles suspended in the aquarium water or particles allowed to
271 settle on the aquarium bottom) vs. values for the foregut and epibranchial organs from Heidman
272 *et al.* (2012) that were adjusted using the procedure described here.

273

274

RESULTS

275

SUSPENSION-FEEDING EXPERIMENTS

277

278 Each trial in the feeding experiments using a homogeneous food source provided a value of
279 W_{foregut} and values of N_{food} and N_{foregut} for the above equations. The nitrogen and carbon
280 composition of the water column samples collected 2, 30, and 60 min after the addition of food
281 particles to the aquarium were not significantly different (repeated measures ANOVAs, %N $F_{2,8}$
282 = 0.64, %C $F_{2,8} = 0.81$, $P > 0.05$). Therefore, the three nitrogen values from the water column
283 were averaged within each trial and the mean was used as the percent nitrogen of the food source
284 in the above equations (N_{food}). This stability of the nitrogen and carbon levels in the water
285 indicates that the pumps and air stones maintained a homogeneous suspension of particles in the
286 aquarium and that the food source available to the fish was effectively uniform throughout each
287 trial.

288 As food particles are thought to be temporarily stored in the form of boluses in the
289 epibranchial organs and then transported into the esophagus by muscular action (Nelson, 1967;
290 Miller, 1969; Schmitz & Baker, 1969), the epibranchial organs of some individuals were empty
291 when dissected in the feeding experiments. In these cases, the fish had food particles in the
292 foregut only. For this reason, the sample size for the foregut is larger than the sample size for the
293 epibranchial organs.

294 Relative to the %N of the homogeneous food source used in the feeding experiments, the %N
295 was significantly higher in the foregut (one-tailed paired t -test, $t_8 = 2.07$, $P < 0.05$) and the
296 epibranchial organs ($t_4 = 8.51$, $P < 0.0005$, Table I). Attributing this difference in nitrogen
297 content between the external food source and internal samples to mucus, the above equations can
298 be used to calculate the contribution of mucus to the contents of the foregut and epibranchial
299 organs. In contrast, the %C in the foregut and epibranchial organs was not significantly different

300 from that of the food source (one-tailed paired t -tests, foregut $t_7 = -1.74$, epibranchial $t_4 = 0.89$, P
301 > 0.05 , Table I) and therefore was not used to calculate mucus contribution.

302

303 ELEMENTAL ANALYSIS

304

305 The %C and %N per gram dry mass of internal mucus were 44.93 ± 1.05 (mean \pm S.D., $n = 5$,
306 range 44.02-46.59) and 10.48 ± 0.15 (mean \pm S.D., $n = 5$, range 10.28-10.62), respectively.

307 Similarly, the %C and %N per gram dry mass of external mucus were 46.05 ± 1.37 (mean \pm S.D.,
308 $n = 10$, range 42.45-47.11) and 10.35 ± 0.26 (mean \pm S.D., $n = 10$, range 10.06-10.82),

309 respectively. The composition of internal mucus did not differ significantly from the composition
310 of external mucus (one-way ANOVAs, %N $F_{1,13} = 0.33$, %C $F_{1,13} = 0.58$, $P > 0.05$).

311

312 CONTRIBUTION OF MUCUS TO FOREGUT AND EPIBRANCHIAL ORGAN

313 CONTENT

314

315 The contribution of mucus to the dry mass of foregut and epibranchial organ content was
316 calculated using data from the feeding experiments with a homogeneous food source, given the
317 assumption that all nutrients in the foregut and epibranchial organs originated from either
318 internal mucus or ingested food. Since the carbon content was similar in mucus, food, foregut,
319 and epibranchial organs (above), nitrogen rather than carbon was used to calculate the
320 contribution of mucus to *D. cepedianum* gut contents. Based on data from the mucus collection
321 and the feeding experiments, the series of equations derived in this study was used to determine

322 that internal mucus constituted $10.08 \pm 4.46\%$ (mean \pm S.E., $n = 9$) of the foregut content and
323 $11.76 \pm 1.15\%$ (mean \pm S.E., $n = 5$) of the epibranchial organ content by dry mass (Fig. 2).

324

325 QUANTITATIVE ASSESSMENT OF PARTICLE SELECTIVITY IN FISHES

326

327 Results from the current study can be used to adjust the values reported by Heidman *et al.*
328 (2012), to exclude the potential contribution of mucus in their previous calculations for *D.*
329 *cepedianum* feeding selectively on a heterogeneous distribution of low-nutrient particles
330 (sediment) and high-nutrient particles (ground commercial fish food). Using the upper limits of
331 the 95% confidence interval determined here for the mean percent mucus by dry mass of the
332 foregut content (20.36%) and the epibranchial organ content (14.95%), a conservatively high
333 estimate was calculated for the dry mass of nutrients contributed by mucus. This estimate of
334 mucus contributions was then subtracted from the foregut and epibranchial organ nutrient values
335 reported previously by Heidman *et al.* (2012). Even after this adjustment to take into account the
336 nutrients contributed by mucus, there were still significant differences between the values of %N
337 or the values of %C in the heterogeneous food source (suspended in the aquarium water or
338 settled on the bottom of the aquarium) vs. the adjusted nutrient values for the contents of the
339 foregut and epibranchial organs (one-way ANOVA, Table II). The particle selectivity reported
340 by Heidman *et al.* (2012) for *D. cepedianum* suspension feeding on a mixture of low-nutrient and
341 high-nutrient particles is not attributable to nutrients in mucus ingested by the fish.

342

343

DISCUSSION

344

345

346

347 FISH MUCUS AS A FOOD SOURCE

348

349 Fish mucus contains glycoproteins and serves a nutritive function for fish in a number of
350 circumstances. For example, parent-touching behavior has been reported in a diversity of fish
351 species, often for the apparent function of consuming epidermal mucus secreted by the parent
352 (Noakes, 1979; Buckley *et al.*, 2010). In addition, mouthbrooding cichlid species produce
353 intraoral mucus that is hypothesized to provide nutrition for developing young (e.g., Iq & Shu-
354 Chien, 2011). Mouthbrooding Mozambique tilapia *Oreochromis mossambicus* (Peters 1852)
355 produce a diversity of chemically distinct mucins that vary seasonally with their breeding cycle
356 (Varute & Jirge, 1971). Functional roles for these different mucins, such as antibacterial or
357 nutritive, have been proposed (Varute & Jirge, 1971).

358 Species of cleaner fish, which remove ectoparasites from “client” fish, also ingest mucus from
359 their clients’ body surfaces (Gorlick, 1980; Grutter, 1997). The mucus from fifteen diverse
360 Barbadian fish species that are cleaned by gobies ranged from 6.1 to 11.6 %N by dry weight
361 (Arnal *et al.*, 2001). Similarly, the %N ranged from 6.1 to 10.9 in the mucus of fifteen
362 Mediterranean fish species that are cleaned by a wrasse species (Arnal & Morand, 2001). The
363 %N of *D. cepedianum* mucus in the current study fell within the upper range of these values. The
364 weight C:N ratio quantified in mucus from four Hawaiian client fish species ranged from 3.8
365 to 4.3 (Gorlick, 1980), comparable to the C:N ratio of 4.4 for *D. cepedianum* mucus calculated in
366 the current study. These values are lower than the C:N ratio of 8-14 quantified for mucus

367 released by *Acropora* coral species (Wild *et al.*, 2005) and 14.6 for mucus blobs released by
368 *Aurelia* jellyfish (Dicker, 2011), indicating that fish mucus may generally be more nitrogen-rich
369 than the mucus released by invertebrates.

370

371 FUNCTIONS OF FISH MUCUS DURING SUSPENSION FEEDING

372

373 Specifically for suspension-feeding fishes such as *D. cepedianum*, mucus can serve a number
374 of essential functions, including food particle retention on sticky surfaces during hydrosol
375 filtration, aggregation of particles in the posterior pharynx or epibranchial organs, and generation
376 of inertial lift during crossflow filtration. The calculation presented here showing that mucus
377 contributes approximately 10% of the gut nutrient content in *D. cepedianum* confirms the
378 important roles of mucus during fish suspension feeding.

379 Mucus entrapment of particles is common in both vertebrate and invertebrate suspension
380 feeders, including fish species (Sanderson & Wassersug, 1993). In suspension-feeding fishes,
381 particles otherwise small enough to fit through the filter pores may adhere to sticky mucus
382 (Northcott & Beveridge, 1988; Sanderson *et al.*, 1996). Therefore, during hydrosol filtration
383 (Rubenstein & Koehl, 1977; Shimeta & Jumars, 1991), mucus enables suspension-feeding fishes
384 to trap particles that would be too small to be retained by a non-adhesive, dead-end sieve.

385 Distinct from hydrosol filtration, *D. cepedianum* and some other suspension-feeding fish
386 species capture prey using crossflow filtration, during which small food particles travel in
387 suspension parallel to the filter surface (Brainerd, 2001; Sanderson *et al.*, 2001; Motta *et al.*,
388 2010; Paig-Tran *et al.*, 2013). Endoscopic video of suspension-feeding *D. cepedianum*, goldfish

389 *Carassius auratus* (L. 1758) and Singida tilapia *Oreochromis esculentus* (Graham 1928)
390 showed that particles moved independently of one another and were not trapped in mucus, as
391 they were in *O. niloticus* (Sanderson *et al.*, 1996; Goodrich *et al.*, 2000; Sanderson *et al.*, 2001).
392 During crossflow filtration in species such as *D. cepedianum*, mucus may be present on the gill
393 arches and rakers and can still play important roles in suspension feeding even though the mucus
394 does not trap particles directly on the filter surfaces (Sanderson *et al.*, 2001; Paig-Tran &
395 Summers, 2014). Such mucus can serve to aggregate food particles in the epibranchial organs or
396 the posterior pharynx directly anterior to the esophagus (Drenner *et al.*, 1982; Callan & Sanderson,
397 2003). In addition, mucus present on oropharyngeal surfaces during crossflow filtration may
398 function to control water loss between filter elements (Sanderson *et al.*, 2001; Smith &
399 Sanderson, 2007), thereby increasing the speed of the crossflow and the inertial lift (Belfort *et*
400 *al.*, 1994; Sethi & Wiesner, 1997) that can retain particles inside the oropharyngeal cavity.

401 Only two previous studies have quantified mucus production during suspension feeding, and
402 both reported extensive variation among individuals in the amount of oropharyngeal mucus. In
403 endoscopic videotapes recorded from five suspension-feeding blue tilapia *Oreochromis aureus*
404 (Steindachner 1864), mucus was observed in the region of the gill arches for $53 \pm 37\%$ of the
405 time (Smith & Sanderson, 2007), with a range of 20% to 100% (J. C. Smith & S. L. Sanderson,
406 unpubl. data). Similarly, in three *O. niloticus* individuals, mucus presence ranged from 0.3 to
407 7.7% of the time when the fish were feeding on food that was 3-10 mm diameter and from 9.1 to
408 33.2% of the time when these individuals fed on food that was 0.1-1 mm diameter (Sanderson *et*
409 *al.*, 1996). Thus, the variance in calculated contributions of mucus to gut nutrient content

410 reported here is consistent with past studies documenting substantial differences in the onset and
411 extent of mucus production among individual fish.

412

413 QUANTITATIVE ASSESSMENT OF PARTICLE SELECTIVITY IN FISHES

414

415 Since multiple particles are engulfed during suspension feeding and particles are not chosen
416 individually, suspension-feeding vertebrates have been assumed to feed non-selectively
417 (Sanderson & Wassersug, 1993). However, recent studies indicate that suspension feeding and
418 detritivory in *D. cepedianum* can be a selective process (Mundahl & Wissing, 1987, 1988;
419 Higgins *et al.*, 2006; Smoot & Findlay, 2010a, 2010b). Heidman *et al.* (2012) reported that *D.*
420 *cepedianum* selectively ingested particles of higher nutrient content when particles with different
421 nutrient content were distributed heterogeneously in an aquarium.

422 The conclusions of the current study raise the question: Are previously-published reports of
423 particle selectivity in suspension-feeding fishes still valid if nutrients attributed to ingested food
424 also include nutrients from mucus used to capture and retain food particles in the oropharyngeal
425 cavity? By calculating the contribution of mucus to the nutrients in the foreguts of suspension-
426 feeding and detritivorous fishes, the ability of these species to selectively ingest food particles
427 that have higher nutrient content can now be assessed quantitatively.

428 Mucus can be taken into account in the study of feeding selectivity by Higgins *et al.* (2006).
429 They reported values of nitrogen content in sediment (approximately 1.6 mg N/g dry mass
430 sample, or 0.16%) and in *D. cepedianum* foreguts (approximately 20.0 mg N/g dry mass
431 sample, or 2.0%) from Burr Oak reservoir. Using the mean value of 10.48 %N by dry mass

432 for *D. cepedianum* internal mucus obtained in the current study, Equations 6 and 7 presented
433 above can be used to calculate that *D. cepedianum* feeding non-selectively on Burr Oak
434 sediment would have foreguts containing approximately 82% sediment and 18% mucus by dry
435 mass. Similarly, foreguts of *D. cepedianum* sampled by Higgins *et al.* (2006) at Pleasant Hill and
436 Acton reservoirs would contain approximately 93% and 88% sediment and 7% and 12% mucus
437 by dry mass, respectively, in the absence of selective feeding. Two of the three values calculated
438 for percent mucus by dry mass in *D. cepedianum* foreguts from the reservoirs (18%, 12%, and
439 7%) under the assumption of non-selective feeding are substantially higher than the mean value
440 (10.08%) of mucus by dry mass calculated for *D. cepedianum* foreguts in the current study,
441 indicating that ingested mucus does not account for the nutrients in the foregut, i.e., that selective
442 feeding had indeed occurred in the *D. cepedianum* studied by Higgins *et al.* (2006).

443 Finally, previously published data on *D. cepedianum* feeding selectivity can also serve as a
444 check on the approach taken in the system of equations developed above. In addition to the
445 above calculations using %N, the C content in *D. cepedianum* foreguts and sediment samples
446 measured by Higgins *et al.* (2006) can be used in Equations 6 and 7 as an independent
447 calculation for the proportion of *D. cepedianum* foreguts predicted to be composed of mucus vs.
448 sediment in the absence of selective feeding. Using the values of organic carbon content that
449 Higgins *et al.* (2006) quantified in sediment and *D. cepedianum* foreguts from Burr Oak
450 (approximately 1.8% and 10.5% C, respectively), and using the mean value of 44.93 %C by
451 dry mass of *D. cepedianum* internal mucus from the current study, Equations 6 and 7 indicate
452 that the foregut contents of *D. cepedianum* collected at Burr Oak would be approximately
453 80% sediment and 20% mucus by dry mass if the fish fed non-selectively on the sediment.

454 Similarly, the foreguts of *D. cepedianum* sampled at Pleasant Hill can be estimated as 91%
455 sediment and 9% mucus by dry mass in the absence of selective feeding, and the foreguts of *D.*
456 *cepedianum* sampled at Acton can be estimated as 87% sediment and 13% mucus by dry mass.
457 As a successful test of the system of equations developed in the current study, these proportions
458 (20%, 13%, and 9%) of the *D. cepedianum* foreguts estimated to be comprised of mucus based
459 on organic C content from Higgins *et al.* (2006) are very similar to the proportions calculated
460 independently above using N content (18%, 12%, and 7%).

461 The approach presented here provides evidence that *D. cepedianum* in a heterogeneous
462 environment do selectively ingest nutrient-rich particles, even when gut nutrient content is
463 adjusted for a conservatively high estimate of mucus contributions. This approach can be applied
464 to studies of particle selectivity and absorption efficiency in other suspension-feeding fish
465 species.

466
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TABLE I. Percent nitrogen and carbon by dry mass for *Dorosoma cepedianum* feeding on a homogeneous suspension of ground commercial fish food in the water column, mean \pm s.d. (*n*). The % nitrogen was significantly higher in the contents of the foregut and the epibranchial organs compared to the water column, indicating a significant contribution of mucus to nitrogen levels in the foregut and epibranchial organs

Location	% Nitrogen	% Carbon
Water column	6.15 \pm 0.32 (9)	44.34 \pm 1.85 (8)
Foregut	6.58 \pm 0.55 (9) <i>P</i> < 0.05	41.74 \pm 4.31 (8) <i>P</i> > 0.05
Epibranchial organs	6.65 \pm 0.29 (5) <i>P</i> < 0.0005	45.11 \pm 2.30 (5) <i>P</i> > 0.05

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629 **TABLE II.** Results of excluding mucus from a previous report (Heidman *et al.* 2012) of

630 *Dorosoma cepedianum* feeding selectively on a heterogeneous particle distribution

631 in the laboratory. Data that exclude mucus were obtained by subtracting a

632 conservatively high estimate for the dry mass of nutrients contributed by mucus in

633 the foregut and epibranchial organs, calculated as reported in this study.

634 Continued evidence of particle selectivity in *D. cepedianum* was established by

635 significant differences between the % nitrogen and % carbon in the food (water

636 column and bottom of the aquarium) vs. the % nitrogen and % carbon in the

637 foregut and the epibranchial organs after mucus was excluded, mean \pm S.D. (*n*)

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Location	% Nitrogen	% Carbon
Water column	3.88 \pm 0.31 (11)	29.24 \pm 2.32 (11)
Aquarium bottom	2.49 \pm 0.28 (11)	18.55 \pm 2.47 (11)
Foregut (mucus included)	6.29 \pm 0.87 (10)	43.65 \pm 10.30 (10)
Foregut (mucus excluded)	5.31 \pm 1.07 (10)	43.35 \pm 12.70 (10)
Epibranchials (mucus included)	6.25 \pm 0.94 (7)	47.45 \pm 14.66 (7)
Epibranchials (mucus excluded)	5.53 \pm 1.10 (7)	47.38 \pm 17.15 (7)
<i>P</i> value, one-way ANOVA, mucus excluded	< 0.0001 $F_{3,35} = 35.02$	< 0.0001 $F_{3,35} = 18.09$

FIGURE CAPTIONS

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641

642 FIG. 1. *Dorosoma cepedianum* with portion of body wall and operculum removed to illustrate
643 sampling locations and nearby structures. (a) oropharyngeal cavity, (b) gill filaments on gill
644 arches, (c) epibranchial organ, (d) swim bladder, (e) esophagus, (f) gizzard, (e + f) foregut,
645 (g) pyloric caeca and (h) intestine.

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648 FIG. 2. Percent mucus by dry mass in *Dorosoma cepedianum* foregut and epibranchial organs
649 calculated from % nitrogen values obtained in the feeding experiments reported in Table I,
650 using Equations 6 and 7 (mean \pm S.E., foregut $n = 9$, epibranchial organs $n = 5$).



