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Numerical ranges of the powers of an operator

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1. Introduction

Let $\mathcal{H}$ be a Hilbert space with the inner product $(u, v)$, and let $\mathcal{B}(\mathcal{H})$ be the set of bounded linear operators on $\mathcal{H}$. The numerical range $W(A)$ of a bounded linear operator $A$ on a Hilbert space is the collection of complex numbers of the form $(Av, v)$ with $v$ ranging over the unit vectors in the Hilbert space. In terms of the location of $W(A)$, inclusion regions are obtained for $W(A^k)$ for positive integers $k$, and also for negative integers $k$ if $A^{-1}$ exists. Related inequalities on the numerical radius $w(A) = \sup\{ |\mu| : \mu \in W(A) \}$ and the Crawford number $c(A) = \inf\{ |\mu| : \mu \in W(A) \}$ are deduced.

The numerical range $W(A)$ of a bounded linear operator $A$ on a Hilbert space is the collection of complex numbers of the form $(Av, v)$ with $v$ ranging over the unit vectors in the Hilbert space. In terms of the location of $W(A)$, inclusion regions are obtained for $W(A^k)$ for positive integers $k$, and also for negative integers $k$ if $A^{-1}$ exists. Related inequalities on the numerical radius $w(A) = \sup\{ |\mu| : \mu \in W(A) \}$ and the Crawford number $c(A) = \inf\{ |\mu| : \mu \in W(A) \}$ are deduced.

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Facts 1.1. Let $A \in \mathcal{B}(\mathcal{H})$ and $k$ be a positive integer.

(a) If $W(A) \subseteq D$ with $D = \{ z \in \mathbb{C} : |z| \leq 1 \}$ then $W(A^k) \subseteq D$.

(b) If $W(A) \subseteq S = \{ re^{it} : r \geq 0, t \in [-t_0, t_0] \}$ for some $t_0 \in [0, \pi/2)$ and $A$ is invertible, then $W(A^{-1}) \subseteq S$ as well.
(c) Suppose A is normal. Then \( \overline{W(A^k)} \) is the convex hull of the spectrum of \( A^k \), which is a subset of the convex hull of the set
\[
W(A)^k = \{ \eta^k : \eta \in W(A) \}.
\]

If, in addition, \( 0 \notin W(A) \), then the above conclusion holds for negative integers \( k \) as well.

It is desirable to find a good inclusion region for \( W(A^k) \) in terms of \( W(A) \). In view of (a)–(c) above, one may wonder whether it is always the case that \( W(A^k) \) is a subset of the convex hull of \( W(A)^k = \{ z^k : z \in W(A) \} \) for a general operator.

Example 2.1. Let \( k > 1 \) be a positive integer. If \( A = \begin{pmatrix} 1 & 2s \\ 0 & 1 \end{pmatrix} \) with \( s = \sin(\pi/(2k)) \), then \( 1 < ks \) and \( W(A) = \{ z \in \mathbb{C} : |z - 1| \leq s \} \) and
\[
W(A) \subseteq \left\{ re^{it} \in \mathbb{C} : r \geq 0, \quad -\frac{\pi}{2k} \leq t \leq \frac{\pi}{2k} \right\}.
\]
So, \( \{ \eta_1 \cdots \eta_k : \eta_i \in W(A), \ i = 1, \ldots, k \} \) is a subset of the right half plane \( \{ z \in \mathbb{C} : \text{Re} z \geq 0 \} \). Since \( A^k = \begin{pmatrix} 1 & 2ks \\ 0 & 1 \end{pmatrix} \), it follows that \( W(A^k) \) is the circular disk with radius \( ks \) centered at 1. In particular, \( 0 \) is an interior point of \( W(A^k) \). So,
\[
W(A^k) \supsetneq \text{conv} \{ \eta_1 \cdots \eta_k : \eta_i \in W(A), \ i = 1, \ldots, k \}.
\]

In this paper, we will study the location of \( W(A^k) \) for integers \( k \). Related inequalities on the numerical radius and the Crawford number of \( A^k \) will be obtained. We will focus on positive powers of operators \( A \) in Section 2, and turn to negative powers in Section 3.

In our discussion, we will identify \( \mathcal{H} \) with \( \mathbb{C}^n \) if \( \mathcal{H} \) has dimension \( n \). In such a case, we will identify \( B(\mathcal{H}) \) with \( M_n \). The following basic facts (see [10,9]) will be used frequently in our discussion.

1. The spectrum \( \sigma(A) \) of \( A \) is always a subset of the closure of \( W(A) \).
2. \( W(ab + b) = aW(A) + b \) for any \( a, b \in \mathbb{C} \).
3. \( W(B \oplus C) = \text{conv}(W(B) \cup W(C)) \), where \( \text{conv} \) denotes the convex hull of \( S \subseteq \mathbb{C} \).
4. If \( A \in M_2 \) has eigenvalues \( \lambda_1, \lambda_2 \), then \( W(A) \) is an elliptical disk with foci \( \lambda_1, \lambda_2 \) and the length of minor axis equals \( \{ \text{tr}(A^*A) - |\lambda_1|^2 - |\lambda_2|^2 \}^{1/2} \).

2. Positive powers of operators

2.1. Inclusion regions of \( W(A^k) \) in terms of \( W(A) \)

Let \( k \) be a positive integer, and \( A \in B(\mathcal{H}) \). As shown in Section 1, the inclusion \( W(A^k) \subseteq W(A)^k \) is not true in general. But there are situations under which the inclusion is valid. Here is a scheme to amend the situation so that \( W(A) \) will be useful in estimating \( W(A^k) \).

Let \( \mu = e^{2\pi i/k} \) and \( \tilde{A} = A \oplus \mu A \oplus \cdots \oplus \mu^{k-1} A \). Then \( W(\tilde{A}^k) = W(A^k) \). It is natural to use \( W(\tilde{A}) \) to determine an inclusion region for \( W(A^k) \). Denote by \( C^k = \{ \eta^k : \eta \in C \} \) for any \( C \subseteq \mathbb{C} \). We have the following result.

Theorem 2.1. Suppose \( A \in B(\mathcal{H}) \) and \( \mu = e^{2\pi i/k} \) for a positive integer \( k > 1 \). Let \( \tilde{A} = A \oplus \mu A \oplus \cdots \oplus \mu^{k-1} A \). Then
\[
W(\tilde{A}^k) = \left\{ \text{conv} \left[ \sum_{j=1}^{k} \mu^j W(A) \right]^k \right\}
\]
is a convex set satisfying the following inclusion
\[
W(A^k) = W(\tilde{A}^k) \subseteq W(\tilde{A}^k).
\]

To show that \( W(\tilde{A}^k) \) is convex, we prove the following general result on convex subsets in \( \mathbb{C} \), which is of independent interest.

Proposition 2.2. Suppose \( C \subseteq \mathbb{C} \) is convex and satisfies \( C = \mu C \) with \( \mu = e^{2\pi i/k} \). Then the set \( C^k = \{ v^k : v \in C \} \) is convex.

Proof. Suppose \( \alpha, \beta \in \mathbb{C} \). We need only to show that the line segment joining \( \alpha^k \) and \( \beta^k \) lies in the set \( C^k \). The conclusion is clear if \( \alpha \) or \( \beta \) is 0. Suppose it is not the case. We may assume that the argument of \( \alpha^{-1}\beta \) lies in \([0, \pi/k] \). Otherwise, replace \( \beta \) by \( e^{i(\pi/k)j} \beta \) for a suitable \( j \in \{1, \ldots, k-1\} \). Let \( \Delta = \text{conv}(0, \alpha, \beta) \). Then \( [z^k : z \in \Delta] \) is a convex set with boundary:
\[
\{ t\alpha^k : 0 \leq t \leq 1 \} \cup \{ t\beta^k : 0 \leq t \leq 1 \} \cup \{ [(t\alpha + (1-t)\beta)^k : 0 \leq t \leq 1] \}
\]
The following identity will be useful in our discussion.

**Lemma 2.3.** Let $T \in B(\mathcal{H})$, $a \in \mathbb{C}$, and $\mu = e^{2\pi i / k}$ for a positive integer $k > 1$. If $g_j(z) = (a^k - z^k)/(a - \mu^j z)$ for $j = 1, \ldots, k$, then

$$k\bar{a}^{k-1}(a^k T - T^k) = \sum_{j=1}^{k} g_j(T)^*(a^k I - T)g_j(T).$$

**Proof.** Let $g_j(z) = (a^k - z^k)/(a - \mu^j z)$ for $j = 1, \ldots, k$. Then

$$\sum_{j=1}^{k} g_j(z) = \frac{d}{da} (a^k - z^k) = ka^{k-1}$$

is independent of $z$. Thus, $k\bar{a}^{k-1} = \sum_{j=1}^{k} \bar{g}_j(\bar{a})$ and

$$k\bar{a}^{k-1}(a^k I - T^k) = \sum_{j=1}^{k} g_j(T)^*(a^k I - T)g_j(T) = \sum_{j=1}^{k} g_j(T)^*(a^k I - \mu^j T)g_j(T). \quad \square$$

We are now ready to present the following.

**Proof of Theorem 2.1.** Since $W(B \oplus C) = \text{conv}(W(B) \cup W(C))$, if $\tilde{A}$ is defined as in the theorem then $W(A^k) = W(\tilde{A}^k)$ and $W(\tilde{A}^k) = \{\text{conv}(\bigcup_{j=1}^{k} \mu^j W(A))^k\}$. Applying Proposition 2.2 to $C = W(\tilde{A})$, we see that $W(\tilde{A}^k)$ is convex.

It remains to show that $W(\tilde{A}^k) \subseteq W(\tilde{A}^k)$.

By Lemma 2.3, if $g_j(z) = (a^k - z^k)/(a - \mu^j z)$ for $j = 1, \ldots, k$, then

$$k\bar{a}^{k-1}(a^k I - \tilde{A}^k) = \sum_{j=1}^{k} g_j(\tilde{A})^*(a^k I - \tilde{A})g_j(\tilde{A}). \quad (2.1)$$

Now, suppose $b = a^k \in W(A^k) = W(\tilde{A}^k)$. Then there is a unit vector $v \in \mathcal{H}$ such that

$$0 = \langle (a^k I - \tilde{A}^k) v, v \rangle.$$

We consider two cases.

Case 1. Suppose $g_j(\tilde{A})v$ is nonzero for each $j = 1, \ldots, k$ in (2.1). Let

$$K = W(aI - \mu \tilde{A}) = \cdots = W(aI - \mu^{k-1} \tilde{A}) = W(aI - \tilde{A}).$$

By (2.1), if

$$\eta_j = \langle (aI - \mu^j \tilde{A}) g_j(\tilde{A}) v, g_j(\tilde{A}) v \rangle /\|g_j(\tilde{A})v\|^2 \in W(aI - \mu^j \tilde{A})$$

for $j = 1, \ldots, k$, then for $y = \sum_{j=1}^{k} \|g_j(\tilde{A})v\|^2$,

$$0 = y^{-1}\langle (a^k I - \tilde{A}^k) v, v \rangle = y^{-1} \sum_{j=1}^{k} \|g_j(\tilde{A})v\|^2 \eta_j$$

is a convex combination of $k$ elements in the convex set $K = W(aI - \tilde{A})$. So, $a \in W(\tilde{A})$ and $a^k \in W(\tilde{A})^k$.

Case 2. Suppose there is $j \in \{1, \ldots, k\}$ such that

$$0 = g_j(\tilde{A})v = \prod_{1 \leq q \leq k, q \neq j} (aI - \mu^q \tilde{A}) v.$$ 

Then there is $q \in \{1, \ldots, k\}$ and a nonzero vector $y$ such that $(a - \mu^q \tilde{A}) y = 0$. It follows that $a \in W(\mu^q \tilde{A}) = W(\tilde{A})$. Thus, $a^k \in W(\tilde{A})^k$. \quad \square

Note that one can also deduce Theorem 2.1 from [11, Theorem 1] once Proposition 2.2 is verified. Also, one can use Proposition 2.2 and arguments similar to those in the proof of Theorem 2.1 to prove the following general version of Theorem 2.1.

**Theorem 2.4.** Let $k > 1$ be a positive integer. Suppose $A \in B(\mathcal{H})$ is such that $W(A) \subseteq \Gamma$, where $\Gamma$ is a convex subset of $\mathbb{C}$ satisfying $e^{2\pi i / k} \Gamma = \Gamma$. Then $W(A^k) \subseteq \text{conv}(\{z^k : z \in \Gamma\})$. 
Now, if one considers $\Gamma$ to be the set of $k$-sided polygons if $k \geq 3$ or parallel strips when $k = 2$ containing $W(A)$, then the intersection of all such $\Gamma$ equals $W(\bar{A})$ in Theorem 2.1, and we have

$$W(A^k) \subseteq \{ \mu^k : \mu \in W(\bar{A}) \} \subseteq \bigcap_{\Gamma} \{ \mu^k : \mu \in \Gamma \}.$$ 

2.2. Inclusion regions for $W(A^k)$ in terms of $w(A)$ and $c(A)$

In this subsection, we study inclusion regions for $W(A^k)$ in terms of the numerical radius and the Crawford number of $A$ when $W(A)$ does not contain the origin. In particular, it provides estimates for $c(A^k)$ in terms of $c(A)$.

**Theorem 2.5.** Let $A \in B(H)$ be such that $W(A)$ is a subset of the segment

$$\{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq \cos \phi \}$$

for some $\phi \in [0, \pi/2]$. For any positive integer $m = 2k$ or $2k - 1$ such that $2k\phi \leq \pi$, we have $W(A^m)$ is a subset of the segment

$$\{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq \cos(m\phi) \}.$$

**Proof.** By the power inequality, $w(A^m) \leq w(A)^m$ for any positive integer $m$. Thus, $W(A^m)$ lies inside the unit disk. Denote by $A^m = H_m + iG_m$ with $H_m = H_m^m$ and $G_m = G_m^m$. It remains to show that:

For $m = 2k - 1$ or $k$, $H_m \geq (\cos(m\phi))I$.

Here $X \succeq Y$ means that $X - Y$ is positive semi-definite.

For $m = 1$, we have $H_1 \geq (\cos(\phi))I$ by the given assumption. For $m = 2$, we have $H_2^2 \geq (\cos^2(\phi))I$. Since $W(A)$ lies inside the unit disk and $H_k \geq (\cos(\phi))I$, we have $-(\sin(\phi))I \leq G_k \leq (\sin(\phi))I$ and hence $G_k^2 \leq (\sin^2(\phi))I$. By the fact that

$$A^2 = (H_1 + iG_1)^2 = (H_1^2 - G_1^2) + 2iH_1G_1 + G_1H_1,$$

we have

$$H_2 = H_1^2 - G_1^2 \geq (\cos^2(\phi))I - (\sin^2(\phi))I = (\cos(2\phi))I.$$  

Next, for $m = 2k - 1$ or $2k$ with $k > 1$, we assume by induction hypothesis that

$$H_{2k-1} \geq (\cos((2k-1)\phi))I \quad \text{and} \quad H_{2k} \geq (\cos(2k\phi))I$$

for $k < k$. In particular, $H_{k-1} \geq (\cos((k-1)\phi))I$ and $H_k \geq (\cos(k\phi))I$. Since $W(A^k)$ and $W(A^{k-1})$ lie inside the closed unit disk, it follows that

$$-(\sin((k-1)\phi))I \leq G_{k-1} \leq (\sin((k-1)\phi))I \quad \text{and} \quad -(\sin(k\phi))I \leq G_k \leq (\sin(k\phi))I.$$  

(2.2)

For $m = 2k$, we have $H_k \geq (\cos(k\phi))I$ by induction assumption, and $G_k^2 \leq (\sin^2(k\phi))I$ by (2.2). Thus,

$$H_{2k} = H_k^2 \geq (\cos^2(k\phi))I - (\sin^2(k\phi))I = (\cos(2k\phi))I.$$  

Suppose $m = 2k - 1$. Note that

$$G_k = (-i/2)[A^k - (A^*)^k]$$

$$= (-i/2)[AA^{k-1} - A^*(A^*)^{k-1}]$$

$$= (-i/2)[(H_1 + iG_1)(H_{k-1} + iG_{k-1}) - (H_1 - iG_1)(H_{k-1} - iG_{k-1})]$$

$$= H_1G_{k-1} + G_1H_{k-1}.$$  

Also, since $G_k = G_k^*$, we have

$$G_k = H_1G_{k-1} + G_1H_{k-1} = G_{k-1}H_1 + H_{k-1}G_1.$$  

(2.3)

Writing $A^m = A^{k-1}AA^{k-1} = (H_{k-1} + iG_{k-1})(H_1 + iG_1)(H_{k-1} + iG_{k-1})$, we have

$$2H_m = 2H_{k-1}H_1H_{k-1} - G_{k-1}G_1H_{k-1} - H_{k-1}G_1G_{k-1} - G_{k-1}(H_1G_{k-1} + G_1H_{k-1}) - (G_{k-1}H_1 + H_{k-1}G_1)G_{k-1}.$$  

By (2.3),

$$2H_m = H_{k-1}[2H_1 - H_{k-1}^{-1}G_{k-1}G_1 - G_1G_{k-1}H_{k-1}^{-1}]H_{k-1} - (G_kG_{k-1} + G_{k-1}G_k).$$  

(2.4)
Since \( H_{k-1} \geq (\cos((k-1)\phi))I \) by induction assumption, and \( \|G_{k-1}\| \leq \sin((k-1)\phi) \) by (2.2),
\[
\|H_{k-1}^{-1}G_{k-1}G_1 + G_1G_{k-1}H_{k-1}^{-1}\| \leq 2\|G_1\|\|G_{k-1}\|\|H_{k-1}^{-1}\| \leq \frac{2\sin\phi\sin((k-1)\phi)}{\cos((k-1)\phi)}.
\]
It follows that
\[
2H_1 - H_{k-1}^{-1}G_{k-1}G_1 - G_1G_{k-1}H_{k-1}^{-1} \geq 2(\cos\phi)I - \frac{2\sin\phi\sin((k-1)\phi)I}{\cos((k-1)\phi)} = \frac{2(\cos(\phi)I)}{\cos((k-1)\phi)} - \frac{2\sin\phi\sin((k-1)\phi)I}{\cos((k-1)\phi)}.
\]
By (2.2) again, we have
\[
\|G_kG_{k-1} + G_{k-1}G_k\| \leq 2\|G_1\|\|G_{k-1}\| \leq 2\sin(\phi)\sin((k-1)\phi).
\]
Putting (2.5) and (2.6) in (2.4) and using the assumption that \( H_{k-1} \geq (\cos((k-1)\phi))I \), we have
\[
2H_m \geq \frac{2\cos(\phi)I}{\cos((k-1)\phi)}H_{k-1}H_{k-1} - 2\sin((k-1)\phi)\sin(\phi)I
\geq 2\cos(\phi)I - 2\sin((k-1)\phi)\sin(\phi)I
= 2\cos((2k-1)\phi)I,
\]
which is the desired inequality. \( \square \)

Clearly, if \( W(A) \) lies in a segment of a circle, we have bounds for \( w(A) \) and \( c(A) \). By the power inequality, we know that \( w(A^k) \leq w(A)^k \). By these facts and Theorem 2.5, one can use \( w(A) \) and \( c(A) \) to obtain bounds for \( c(A^m) \) as follows.

**Theorem 2.6.** Let \( m \) be a positive integer and \( A \in B(\mathcal{H}) \) be nonzero such that \( c(A) = w(A) \cos \phi \) with \( m\phi \in [0, \pi/2] \). Then
\[
c(A^m)/w(A^m) \geq c(A^m)/w(A) \geq \cos(m\phi).
\]

**Proof.** The result is trivial if \( m = 1 \). Assume that \( m > 1 \). Then \( m\phi \in [0, \pi/2] \) implies that \( c(A) \geq w(A) \cos(\phi) > 0 \). Hence, \( A \) is invertible, and so is \( A^m \). Thus, \( 0 < w(A^m) \) and \( w(A^m) \leq w(A)^m \) by the power inequality. The first inequality in the theorem follows.

To prove the second inequality, we may replace \( A \) by \( A/w(A) \) and assume that \( w(A) = 1 \) and \( c(A) = \cos \phi \) with \( m\phi \in [0, \pi/2] \). Then there is \( \theta \in [0, 2\pi) \) such that
\[
W(A) \leq e^{i\theta} \{ z \in \mathbb{C} : |z| \leq 1, \ Re z \geq \cos \phi \}.
\]
By Theorem 2.5, for each \( m = 2k \) or \( 2k - 1 \) with \( 2k\phi \leq 2m\phi \leq \pi \), we have
\[
W(A^m) \leq e^{im\phi} \{ z \in \mathbb{C} : |z| \leq 1, \ Re z \geq \cos(m\phi) \}.
\]
Thus, \( c(A^m) \geq \cos(m\phi) \). \( \square \)

**Remark 2.7.** Note that the conclusion on \( W(A^m) \) in Theorem 2.5 can be deduced from Theorem 2.6 if \( m\phi \in [0, \pi/2] \).

To see this, suppose Theorem 2.6 holds. Assume
\[
W(A) \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ Re z \geq \cos \phi \},
\]
where \( m\phi \in [0, \pi/2] \). Then \( B = \text{diag}(e^{i\phi}, e^{-i\phi}) \otimes A \) satisfies \( w(B) = 1 \) and \( c(B) = \cos \phi \). By Theorem 2.6, \( w(B^m) \leq 1 \) and \( c(B^m) \geq \cos(m\phi) \). Thus, there is \( \theta \in [0, 2\pi) \) such that
\[
W(A^m) \subseteq W(B^m) \subseteq e^{i\theta} \{ z \in \mathbb{C} : |z| \leq 1, \ Re z \geq \cos(m\phi) \}.
\]
Since \( e^{im\phi}, e^{-im\phi} \in W(B^m) \), we see that \( \theta = 0 \). Hence, we have
\[
W(A^m) \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ Re z \geq \cos(m\phi) \}.
\]

Next, we prove a result using the information \( W(A^k) \) to deduce information of \( W(A) \). In a certain sense, it can be viewed as the converse of Theorem 2.6.

**Theorem 2.8.** Suppose \( k \) is a positive integer and \( A \in B(\mathcal{H}) \) satisfies
\[
W(A) \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ Re z \geq \cos(\pi/k) \}.
\]
Theorem 2.9. Let $k$ be a positive integer. Suppose $A \in \mathcal{B}(\mathcal{H})$ is nonzero and satisfies $c(A)/w(A) \geq \cos(\pi/(2k))$. Then $c(A)^k \geq c(A^k)$.

Proof. We may replace $A$ by $\xi A$ for some complex number $\xi$ with $|\xi| = 1/w(A)$ and assume that $c(A) = \cos \theta \in \overline{W(A)}$ with $\theta \in [0, \pi/(2k)]$ and

$$W(A) \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq \cos \theta \}.$$ 

Suppose $\gamma \in \overline{W(A^k)}$ satisfies $|\gamma| = c(A^k)$. By Theorem 2.6, $\gamma \in \{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq \cos(k\theta) \}$ so that $\gamma = d^k e^{it}$ for some $d > 0$ and $t \in [-\pi/(2k), \pi/(2k)]$. Now, replace $A$ by $e^{-it} A$ so that

$$W(A) \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq \cos((\theta + |t|)) \} \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq \cos(\pi/k) \}$$

as $\theta, t \in [-\pi/(2k), \pi/(2k)]$. Since $d^k = |\gamma|$ is a point in $\overline{W(A^k)}$ nearest to the origin, we see that

$$W(A^k) \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq d^k \}.$$ 

By Theorem 2.8, we see that

$$W(A) \subseteq \{ z \in \mathbb{C} : |z| \leq 1, \ \text{Re} \ z \geq d \}.$$ 

Thus, $c(A) \geq d$, and hence $c(A)^k \geq d^k = c(A^k)$ as asserted. □

3. Negative powers of operators

First, we study inclusion region for $W(A^{-1})$. To ensure that $A^{-1}$ exists, we often assume that $0 \notin \overline{W(A)}$. Note that this condition is stronger than the assumption that $A$ is invertible. We have the following.

Proposition 3.1. Let $A \in \mathcal{B}(\mathcal{H})$. If $H$ has dimension 2 and $A$ is invertible, then $W(A^{-1}) = W(A)/\det(A)$. If $H$ has dimension at least 3 and if $0 \notin \overline{W(A)}$, then

$$W(A^{-1}) \subseteq \bigcup \{ W(B)/\det(B) : B = X^* AX, \ X^* X = I_2 \}.$$ 

Proof. Assume that $A = \begin{pmatrix} a & b \\ 0 & c \end{pmatrix} \in M_2$. Then $A^{-1} = \begin{pmatrix} \frac{1}{ac} & -\frac{b}{ac} \\ 0 & \frac{1}{c} \end{pmatrix}$, which is unitarily similar to $A/\det(A)$. So, $W(A^{-1}) = W(A)/\det(A)$.

Suppose $A \in \mathcal{B}(\mathcal{H})$ is invertible, and $v \in \mathcal{H}$ is a unit vector. Let $B$ be the compression of $A$ on a two-dimensional subspace of $\mathcal{H}$ containing $v$ and $A^{-1} v$. Since $0 \notin W(B) \subseteq \overline{W(A)}$, $B$ is invertible. Then $(A^{-1} v, v) = (B^{-1} v, v) \in W(B^{-1})$. □

If $A$ is a nonzero multiple of a positive definite matrix, then $W(A^{-1}) = \text{conv} \{ z^{-1} : z \in W(A) \}$. But the equality may not hold even for a normal operator $A$ of the form $a I + \beta H$ for some self-adjoint $H$. 
Example 3.2. Let \( A = \text{diag}(1+i, 1-i) \). Then \( W(A) \) is the line segment joining the points \( 1+i \) and \( 1-i \), but \( W(A^{-1}) \) is the line segment joining the points \( (1-i)/2 \) and \( (1+i)/2 \), and is a proper subset of \( \text{conv}(z^{-1}: z \in W(A)) \).

For non-normal \( A \in \mathcal{B}(\mathcal{H}) \), the inclusion relation \( W(A^{-1}) \subseteq \{z^{-1}: z \in W(A)\} \) may not hold as shown in the following example.

Example 3.3. Let \( A = \begin{pmatrix} 1+2i & 0 \\ 0 & 1-2i \end{pmatrix} \) with \( 0 < c < 1 \). Then \( A^{-1} = \begin{pmatrix} 1-2c & 0 \\ 0 & 1+2c \end{pmatrix} \), and \( W(A^{-1}) = W(A) \) is a circular disk with \([1-c, 1+c]\) as diameter. However, \( \mathcal{K} = \{z^{-1}: z \in W(A)\} \) is the disk with \([1/(1+c), 1/(1-c)]\) as diameter. So \( W(A^{-1}) \not\subseteq \mathcal{K} \) as \( 1-c < 1/(1+c) \).

Using Theorem 6 in [11], we have the following result.

Proposition 3.4. Suppose \( A \in \mathcal{B}(\mathcal{H}) \) is invertible. If

\[
W(A) \subseteq \{ z \in \mathbb{C}: |z-1| \leq 1 \},
\]

then

\[
W(A^{-1}) \subseteq \{ z: \text{Re} \ z \geq -1/2 \}.
\]

By Proposition 3.4, one can obtain a left supporting line for \( W(A^{-1}) \) if \( W(A) \) is included in a certain circle. In the following, we show that one can obtain a circular inclusion region for \( W(A^{-1}) \) in terms of a supporting line of \( W(A) \) that separates \( W(A) \) and the origin.

Proposition 3.5. Let \( A \in \mathcal{B}(\mathcal{H}) \) be such that \( \text{Re} \ A \geq sI \) for some \( s > 0 \). Then

\[
\|A^{-1} - I/(2s)\| \leq 1/(2s),
\]

and

\[
W(A^{-1}) \subseteq \{ z \in \mathbb{C}: |z-1/(2s)| \leq 1/(2s) \}.
\]

Proof. If \( A + A^* \geq 2sI \geq 0 \), then \( 2sA^{-1}(A + A^* - 2sI)A^{-1} \geq 0 \) and hence

\[
l \geq l - 2sA^{-1}(A + A^* - 2sI)A^{-1} = (l - 2sA^{-1})(l - 2sA^{-1})^*,
\]

which is equivalent to \( \|l - 2sA^{-1}\| \leq 1 \). Hence \( w(l - 2sA^{-1}) \leq 1 \) and the result follows. \( \Box \)

Note that none of Proposition 3.4 or Proposition 3.5 gives us any information about \( c(A^{-1}) \). In connection with this, we have the following result.

Theorem 3.6. Suppose \( A \in \mathcal{B}(\mathcal{H}) \) is invertible. Then

\[
c(A^{-1}) \geq c(A)/w(A)^2.
\]

Proof. The result is trivial if \( c(A) = 0 \). So, we assume that \( c(A) > 0 \). If \( A \in M_2 \), then \( W(A^{-1}) = W(A)/\text{det}(A) \) by Proposition 3.1. Since \( |\text{det}(A)| \leq w(A)^2 \), we have \( c(A^{-1}) \geq c(A)/w(A)^2 \).

This result can be extended to general operators \( A \in \mathcal{B}(\mathcal{H}) \) with \( 0 \notin \overline{W(A)} \). In fact, for such an operator \( A \), let \( v \in \mathcal{H} \) be any unit vector, and let \( B \) be the compression of \( A \) on a two-dimensional subspace of \( \mathcal{H} \) containing the vectors \( v \) and \( A^{-1}v \). Since \( 0 \notin W(B) \), \( B \) is invertible. By the result on \( 2 \times 2 \) matrices, we have

\[
|(A^{-1}v, v)| = |(B^{-1}v, v)|
\]

\[
\geq \inf \{ |z|: z \in W(B^{-1}) \}
\]

\[
\geq \inf \{ |z|: z \in W(B)/w(B)^2 \}
\]

\[
\geq \inf \{ |z|: z \in W(A)/w(A)^2 \}.
\]

Thus \( c(A^{-1}) \geq c(A)/w(A)^2 \). \( \Box \)

Theorem 3.7. Let \( S = \{ z \in \mathbb{C}: |z| \leq r, \text{Re} \ z \geq s \} \) with \( r > s > 0 \). Suppose \( A \in \mathcal{B}(\mathcal{H}) \) is such that \( W(A) \subseteq S \). Then

\[
W(A^{-1}) \subseteq \text{conv} \{ z^{-1}: z \in S \} = \{ z \in \mathbb{C}: |z - 1/(2s)| \leq 1/(2s), \text{Re} \ z \geq s/r^2 \}.
\]
**Remark 3.10.** Example (e.g., see [10, Problem 190]).

Suppose \( \text{conv} \in \mathbb{C}^n \) is positive semi-definite. Applying Schur complement, we see that \( \text{conv} \) must pass through \( e^{i\theta} \) and \( e^{-i\theta} \). Thus, \( \text{conv}(A^{-1}) \subseteq \text{conv}(B^{-1}) \subseteq \{z : \Re z \geq s\} \). By Proposition 3.5, we see that \( \text{conv}(A^{-1}) \subseteq \{z : |z - 1/(2s)| \leq 1/(2s)\} \). Hence, \( \text{conv}(A^{-1}) \subseteq \{z : |z - 1/(2s)| \leq 1/(2s)\} \). Rez \( \geq s \), which equals the set \( \text{conv}(z^{-1} : z \in S) \). □

By Theorem 2.5 and Theorem 3.7, we have the following.

**Corollary 3.8.** Let \( \theta \in [0, \pi/(2p)] \) for a positive integer \( p \). Suppose \( A \in \mathcal{B}(\mathcal{H}) \) is such that \( W(A) \subseteq \{z : |z| \leq 1, \Re z \geq \cos \theta\} \). Then for \( \gamma = 2\cos(p\theta) \),

\[
W(A^{-p}) \subseteq \{z \in C : |z - 1/(2\gamma)| \leq 1/(2\gamma), \Re z \geq \gamma\}.
\]

By the power inequality, we have \( w(A^k) \leq w(A)^k \) for any \( A \in \mathcal{B}(\mathcal{H}) \) and any positive integer \( k \). In the following, we obtain a similar inequality for the negative powers of \( A \) for an invertible \( A \in \mathcal{B}(\mathcal{H}) \), and characterize those \( A \) which attained the equality.

**Theorem 3.9.** Suppose \( A \in \mathcal{B}(\mathcal{H}) \) is invertible and \( p \) is a positive integer. Then

\[
w(A^{-p}) \geq w(A)^{-p}.
\]

The equality holds if and only if \( A \) is a nonzero multiple of a unitary operator.

**Proof.** Using the fact that \( \rho(B) \leq w(B) \) for any \( B \in \mathcal{B}(\mathcal{H}) \), one easily sees that

\[
w(A^{-1}) \geq \rho(A^{-1}) = 1/\inf\{|z| : z \in \sigma(A)\} \geq \rho(A)^{-1} \geq w(A)^{-1}.
\]

Replacing \( A \) by \( A^p \), we have \( w(A^{-p}) \geq w(A^p)^{-1} \). Using the fact that \( w(A^p) \leq w(A)p \), we have \( w(A^{-p}) \geq w(A)^{-p} \).

If \( A \) is a multiple of a unitary operator, then we have \( w(A^{-p}) = w(A)^{-p} \). For the converse, suppose the equality holds. We may replace \( A \) by \( \gamma A \) for a suitable nonzero \( \gamma \) and assume that \( w(A^{-p}) = w(A)^{-p} = 1 \). Thus,

\[
1 = w(A^{-p}) \geq w(A)^{-1} \geq w(A)^{-p} = 1.
\]

So, \( 1 = w(A^{-p}) = w(A^p) \). By [14, Corollary 1] (see also [13]), \( A^p \) is unitary. Since \( w(A) = 1 \), by the result of Ando [1], there exist a self-adjoint \( Z \in \mathcal{B}(\mathcal{H}) \) and a contraction \( C \in \mathcal{B}(\mathcal{H}) \) such that \( -I \leq Z \leq I \) and \( A = (I + Z)^{1/2}C(I - Z)^{1/2} \). Now,

\[
V = A^p = (I + Z)^{1/2}C(I - Z)^{1/2}
\]

is unitary, where \( C = (I - Z^2)^{1/2}C \cdots C(I - Z^2)^{1/2}C \) is a contraction. So, \( (I + Z) \) and \( (I - Z) \) are invertible, and

\[
\begin{pmatrix}
I + Z \\
V^* & I - Z
\end{pmatrix}
\]

is positive semi-definite. Applying Schur complement, we see that

\[
I + Z \geq V(I - Z)^{-1}V^*.
\]

Suppose \( \text{conv} \sigma(Z) = [a, b] \). Since \( (I + Z) \) and \( (I - Z) \) are invertible, we have \( [a, b] \subseteq (-1, 1) \) and \( \text{conv}(\sigma((I - Z)^{-1})) = ([1 - a]^{-1}, [1 - b]^{-1}) \). Comparing the spectrum on both sides of (3.2), we see that \( 1 + a \geq (1 - a)^{-1} \) and \( 1 + b \geq (1 - b)^{-1} \). Hence, \( a = b = 0 \), i.e., \( Z = 0 \). By (3.1) and the fact that \( Z = 0 \), we have \( A^p = C = C^p \) is unitary. Because \( C \) is a contraction, we conclude that \( C \) is unitary. □

Corollary 1 in [14] asserts that \( A \in \mathcal{B}(\mathcal{H}) \) is unitary if \( w(A) = w(A^{-1}) = 1 \). The above theorem can be viewed as a generalization of this result. Clearly, if \( w(A) = w(A^{-1}) = 1 \), then \( w(A) \leq 1 \) and \( \sigma(A) \) lies on the unit circle. In the finite-dimensional case, the converse is also valid. In the infinite-dimensional case, there exists non-unitary \( A \in \mathcal{B}(\mathcal{H}) \) such that \( w(A) \leq 1 \) with \( \sigma(A) \) lying on the unit circle. For instance, if \( V \) is the Volterra operator, then \( A = (I + V)^{-1} \) is such an example (e.g., see [10, Problem 190]).

**Remark 3.10.** From the proof of Theorem 3.9, we see that

\[
w(A^{-1})^p \geq w(A^{-p}) \geq w(A^p)^{-1} \geq w(A)^{-p}.
\]

We have shown that \( w(A^{-p}) = w(A)^{-p} \) if and only if \( A \) is a multiple of a unitary operator. Replacing \( A \) by \( A^{-1} \), we see that \( w(A^{-1})^p = w(A^{-p})^{-1} \) if and only if \( A \) is a multiple of a unitary operator.

Very recently, Ando and Li [3] have extended Theorem 3.9 by replacing the numerical radius with any operator radius.
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References