

W&M ScholarWorks

VIMS Articles

Virginia Institute of Marine Science

2022

Benthic Biofilm Potential for Organic Carbon Accumulation in Salt Marsh Sediments

Kendall Valentine Virginia Institute of Marine Science

Abbey Hotard

Tracy Elsey-Quirk

Giulio Mariotti

Follow this and additional works at: https://scholarworks.wm.edu/vimsarticles

Part of the Sedimentology Commons

Recommended Citation

Valentine, Kendall; Hotard, Abbey; Elsey-Quirk, Tracy; and Mariotti, Giulio, Benthic Biofilm Potential for Organic Carbon Accumulation in Salt Marsh Sediments (2022). *Wetlands*, 42(7). doi: 10.1007/s13157-021-01528-0

This Article is brought to you for free and open access by the Virginia Institute of Marine Science at W&M ScholarWorks. It has been accepted for inclusion in VIMS Articles by an authorized administrator of W&M ScholarWorks. For more information, please contact scholarworks@wm.edu.

1 Benthic biofilm potential for organic carbon accumulation in salt marsh sediments

2 Kendall Valentine^{1,2*}, Abbey Hotard^{1,3}, Tracy Elsey-Quirk¹, Giulio Mariotti^{1,4}

*Corresponding Author: <u>kvalentine@vims.edu</u>, ORCiD: 0000-0002-5143-3266, Twitter:

4 @kvalentine_7

6 <u>ahotard@tamu.edu</u>, <u>tquirk@lsu.edu</u>, <u>gmariotti@lsu.edu</u>

7

5

¹ Department of Oceanography and Coastal Sciences, College of the Coast and Environment,
 Louisiana State University, Baton Rouge, LA, USA.

² Virginia Institute of Marine Science, College of William & Mary, Gloucester Point, VA, USA.

³Department of Marine and Coastal Environmental Science, Texas A&M Galveston, Galveston,

12 TX, USA.

⁴ Center for Computation and Technology, Louisiana State University, Baton Rouge, Louisiana,
 USA.

15

16 Abstract

17 Coastal salt marshes are productive environments with high potential for carbon accumulation

18 and storage. Even though organic carbon in salt marsh sediment is typically attributed to plant

19 biomass, it can also be produced by benthic photosynthetic biofilms. These biofilms, generally

20 composed of diatoms and their secretions, are known for their high primary productivity and

21 contribution to the basal food web. In this study, we conducted laboratory experiments to test (1)

if biofilms can potentially accumulate carbon in marsh soil and (2) how different sedimentation

rates affect the amount of carbon accumulation. Containers filled with a settled mud bed were

24 inoculated with natural biofilms collected from a marsh surface and allowed to grow with

favorable light exposure, nutrient supply, and absence of grazing. Mud was added weekly in

- different amounts, resulting in an equivalent sedimentation rate from 12 to 189 mm/yr. After 11
- 27 weeks, the sediment columns were sampled and analyzed for chlorophyll (chl *a*), loss on ignition
- 28 (LOI), and total organic carbon (TOC). Chl *a* accumulation rates ranged from 123-534
- 29 mg/cm²/yr, organic matter accumulation ranged from 86-456 g/m²/yr, and TOC accumulation

rates ranged from 31-211 g/m²/yr. All three metrics (chl *a*, organic matter, and TOC) increased

31 with increased sedimentation rate. These results show that biofilms can potentially contribute to

carbon accumulation in salt marsh soils. Furthermore, areas with high sedimentation rates have

the potential for higher amounts of organic matter from biofilms in the sediment.

34

35 **Keywords (4-6)**

36 Microphytobenthos, blue carbon, sedimentation, laboratory experiment, diatoms

38

39 1. Introduction

Organic carbon (OC), ubiquitous in wetland soils, is important for food web dynamics 40 (rapid carbon dynamics) and carbon sequestration (long-term carbon dynamics). Labile OC 41 serves as the base of the food web, providing nutrients and energy to higher tropic levels (Kwak 42 and Zedler 1997). Additionally, the waterlogged conditions and rapid accumulation of sediments 43 can allow OC, especially recalcitrant carbon, to be buried and stored for significant time periods 44 (Chmura et al. 2003, Dodla et al. 2012, Hopkinson et al. 2012). As a result, coastal salt marshes 45 store up to $1700 \text{ g/m}^2/\text{yr}$ of organic carbon, making them one of the most carbon-rich 46 environments on Earth (Mcleod et al. 2011). Half of all marine carbon burial occurs in wetlands, 47 even though wetlands occupy only 0.2% of the area available for marine carbon burial (Duarte et 48 al. 2013). Due to the high amount of stored carbon, coastal marshes are considered a blue carbon 49 ecosystem leading to intense study of marsh carbon burial rates over the past several decades 50 (Chmura et al. 2003, Duarte et al. 2005, McLeod et al. 2011, Ouyang and Lee 2014). 51 Most of the carbon found in salt marsh soils has been attributed to plants (macrophytes) 52 (Chmura et al. 2003, Ouyang and Lee 2014). Belowground biomass, in the form of roots and 53 54 rhizomes, contributes organic carbon directly to sediments, while above-ground biomass can decay on the surface, be exported by tides, or is buried. Although salt marsh plants are probably 55 the main contributor to this carbon pool, algae may be a significant source of organic carbon in 56 57 salt marsh sediment. Indeed, stable carbon isotopes values of marsh sediments have indicated that a major source of carbon may be from planktonic or benthic photosynthetic microorganisms 58 59 (Middelburg et al. 1997). Microphytobenthos or biofilms, have been suggested to be a major 60 contributor to the carbon storage in marsh systems (Connor et al., 2001). Additionally, while

61 marsh productivity is often driven by plants, gross primary production by biofilms can be similar

to that of plants. For example, Zedler (1980) found that biofilm net primary production was 0.8

to 1.4 times the aboveground production, while Gallagher and Daiber (1974) found that algal

64 production beneath salt marsh vegetation was $\sim 1/3$ of the net production by the plants.

Benthic photosynthetic biofilms, primarily composed of diatoms and their extracellular polymeric substances (EPS), are typically found as patchy mats on marsh surfaces and intertidal zones worldwide (Decho 2000). Living biofilms, because of their light requirements, are limited to the top several millimeters of the sediment surface, but have been shown to have some vertical motility (MacIntyre et al. 1996, Kingston 1999).

The net primary production of biofilms may be greater than 90% of their gross primary 70 production (Pomeroy 1959), suggesting that most of the carbon biofilms create is not respired, 71 but instead is available for decomposition, transfer to other trophic levels, or burial. Although the 72 organic material produced by biofilms, particularly the EPS, is relatively labile compared to 73 74 marsh plants (McKew et al. 2011), the sheer volume of carbon produced by the rapid turnover rate of these microorganisms may contribute significantly to the marsh sediment carbon pool. In 75 marshes, biofilms are either decomposed by heterotrophic bacteria, buried, resuspended, or 76 77 consumed by other organisms (Middelburg et al. 2000). Furthermore, biofilms can be a CO_2 sink on the sediment surface, suggesting that they can accumulate C (Chen et al. 2019). Biofilms that 78 79 are rapidly buried may decompose slower in an anaerobic environment than at the surface, 80 allowing greater carbon preservation.

Biofilms exist in a delicate balance with sediment deposition. If sedimentation rates are too low, biofilms will be exposed to oxic conditions, resulting in more rapid decomposition and less burial of carbon. On the other hand, if sediment deposition rates are too high, biofilms may

be buried, unable to reach the surface and photosynthesize, fix carbon, and reproduce (Miller et

- al. 1996, Jesus et al. 2009, Pivato et al. 2019). The existence of a maximum sedimentation
- threshold for biofilm survival has been postulated even within the context of stromatolite growth
- 87 (Grotzinger and Knoll 1999), but it has never tested experimentally.

Here we hypothesize that at some intermediate sediment deposition rate, the burial of biofilm OC is maximized. The purpose of this study is twofold. First, we test whether benthic biofilms can accumulate carbon in muddy sediments under favorable conditions (light exposure, nutrient supply, and in the absence of grazing). Second, we test how sedimentation rate affects

- 92 the rate of biofilm carbon accumulation.
- 93 2. Methods
- 94 2.1 Laboratory Set Up

A homogenized bentonite-mud slurry (125 g/L bentonite, 35 psu Instant Ocean seawater) 95 was poured into plastic cylinders (height = 20 cm, diameter = 9.5 cm; Figure 1). The cylinders 96 were placed on orbital shakers (orbital diameter = 0.5 cm, 100 RPM) and allowed to settle to 97 create a sediment bed ~ 10 cm thick with and overlying water column of ~ 10 cm. The water 98 column was then exchanged weekly using a peristaltic pump to avoid disturbing the bed surface. 99 100 The replacement medium was a solution of DI water, Instant Ocean salts (to achieve a salinity of 35 psu), and a diluted f/2 medium (Bigelow Laboratory), which provided the necessary nitrogen 101 102 (10uM, same order of magnitude as world rivers (Sprague et al. 2011)), phosphorus, silica, 103 vitamins and trace metals for growth (N:P:Si = 24.4:1:2.9). Each cylinder was inoculated with a sample of biofilm scraped from the surface of a salt marsh in Cocodrie, Louisiana (USA). Once 104 105 inoculated, the cylinders were exposed to a 12-hour light/dark cycle using grow lights 106 (Agrobrite, 120V, 60 Hz high output fluorescent lighting system). The sides of the containers

107 were covered in dark paper to ensure light came only from the provided source. Control

108 containers did not receive the inoculum, were treated with 150 uL of bleach, and kept in the dark

to prevent biofilm growth. The cylinders were kept on the orbital shaker, which provided a

110 gentle agitation and promoted vertical mixing of the water column.

The sedimentation experiment began after the observed colonization of the sediment 111 112 surface by biofilms (two weeks of growth). A slurry of bentonite clay mixed with the medium was added according to five sedimentation rates (Table 1), ranging from 12 to 189 mm/yr. These 113 rates represent very high mineral deposition rates compared to field measurements and represent 114 115 areas such as newly-forming deltas (Shields et al. 2017). Biofilm growth was monitored using a pulse-amplitude modulation (PAM) fluorometer throughout the duration of the experiment. PAM 116 fluorescence values have been used as a proxy for chl a and biomass of biofilms in previous 117 studies (Honeywill et al. 2002, Jesus et al. 2005, Murphy et al. 2009, Orvain et al. 2014), and has 118 the advantage of being not destructive. Thirteen points were measured using PAM fluorescence 119 over a regular grid. The fluorescence values demonstrate relative growth within the experiment, 120 not biomass values. Bed heights were also measured and recorded throughout the experiment. 121 2.2 Sampling and Analyses 122

After 11 weeks, i.e., one week following the last sedimentation event, the sediment in each cylinder was analyzed to calculate the total amount of organic matter, organic carbon, and chl *a* accumulated throughout the sediment column. Operationally, these measurements were made by separating the top six centimeters of the sediment column – which encompassed the whole layer in which biofilm grew – into two layers (0-3 and 3-6 cm). Each layer was then homogenized and subsampled for bulk density and water content, chl *a* analysis (EPA Method 445.0), loss on ignition (LOI), and total organic carbon (TOC) (Ramnarine et al. 2011). For LOI

analysis, the samples were burned at 550 °C (Dean 1974). As bentonite clay has high structural

- 131 water content (Hoogsteen et al. 2015) and our samples had relatively low amounts of organic
- 132 matter, the mass lost in the control samples was subtracted from all samples to account for the
- 133 loss of this structural water during the LOI procedure. The total amount of chl *a*, organic matter,
- and carbon in each layer was then summed together and divided by the duration of the
- 135 experiment and the surface area, thus obtaining accumulation rates per unit of area.
- 136 The LOI and TOC data were fit according to the form:

137
$$C_{acc} = C_{max} \left(1 - \exp\left(-\frac{D}{a}\right) \right)$$
 (Equation 1)

where C_{acc} is the accumulation rate of LOI or TOC, C_{max} is the maximum rate of accumulation of OM or C mediated by sediment deposition, *D* is the deposition rate, and *a* is a fitting parameter.

141 **3. Results**

142 3.1 PAM Fluorescence and Vertical Accretion

Fluorescence values increased approximately two weeks following inoculation in all experiments (Figure 2A). The fluorescence values were variable between containers and over time; however, all containers with inoculum had similar values indicating that biofilm was able to grow in all experiments in a replicable way.

The height of the sediment-water interface in each container demonstrated that the addition of bentonite increased the height of the sediment column and the rate of height increase depended on the amount of sediment added (Figure 2B). The height of the containers increased by 4 mm to 45 mm, for the lowest and highest mineral sedimentation rate respectively over the 11-week experiment. Following each sediment addition, there was an initial increase in bed height and then a slight decrease due to the consolidation of the added sediment.

153 *3.2 Chlorophyll-a*

Sediment chl a accumulation rate increased with increasing vertical accretion (Figure 154 3A). The containers with the lowest vertical accretion contained on average 123 mg/cm²/yr C 155 and the containers with the highest vertical accretion rate contained on average 534 mg/cm²/yr C. 156 3.3 LOI and TOC 157 As sedimentation rate increased, more organic matter was stored in the sediments (Figure 158 3B). The average amount of organic matter for the highest vertical accretion rate was 456 159 $g/m^2/yr$, which is over five times the average amount of organic matter measured in the 160 containers with the lowest vertical accretion rates (86 $g/m^2/vr$). The sedimentation rate was 16 161 times higher in the treatment with the highest vertical accretion rate compared to the lowest. 162 Similarly, the amount of carbon increased with increasing rates of vertical accretion (Figure 3C). 163 The containers with the lowest accretion rates contained $31 \text{ g/m}^2/\text{yr C}$, while those with the 164 highest accretion rate contained 211 g/m²/yr C. 165 We fit the exponential model to the LOI and TOC datasets (Equation 1, Figure 3) with 166 the assumption that there is little to no accumulation of OM or C from biofilms without sediment 167 deposition, as without burial the labile OM from biofilms will decompose and will not to 168 169 contribute to OM/C accumulation. As accumulation rates increase, the rates of C production increase decreases (Figure 3B, 3C). For LOI, we found that the maximum amount of OM 170 accumulated, C_{max} , was 534 g/m²/yr. In terms of TOC, C_{max} was determined to be 201 g/m²/yr 171

172 C.

- 173 **4. Discussion**
- 174
- 4.1 *The po*
 - The potential for biofilm carbon accumulation

The carbon accretion rates (CAR) from this study are comparable with those observed in marshes worldwide. We found rates of 100-200 g/m²/yr C with moderate to high accretion rates, while worldwide rates for marshes range from 100-300 g/m²/yr C, depending on the latitude and vegetation type, amongst other variables (Ouyang and Lee 2014). Our results demonstrate that under favorable conditions (light, nutrients, no grazing or competition), biofilms have the potential to produce soil carbon at the same order of magnitude of what is observed in marshes worldwide.

Previous experiments have shown that much of the carbon from biofilms is in the form of extra-polymeric substances (EPS), and that this material is rapidly degraded (Guarini et al. 2000, de Brouwer and Stal 2001). These experiments looked at the surface biofilm and the associated carbon, and not at the biofilm carbon with time or depth. Our experiment did not show the ability to store carbon over decadal to centennial time scales due to logistical restraints. Yet, recent studies (Unger et al. 2016) showed that even labile carbon can be stored at depth and for greater than 50 years in marsh sediment, enhanced by high sedimentation rates.

189 *4.2 Sedimentation rate increases carbon accumulation*

Our experiment clearly shows that the rate of chl *a* and carbon accumulation increases with the rate of sedimentation. A possible explanation for this trend is that sedimentation stimulates biofilm production by providing additional nutrients. However, this hypothesis is not likely given the abundance of nutrients in the water column; none of these experiments were nutrient limited and therefore a small increase in nutrients from the addition of bentonite should not have increased carbon production significantly.

Another explanation for the increase in OC accumulation with sedimentation rate is thatsedimentation could provide additional space (volume) that the biofilms are able to fill as they

grow upward towards the light source. Sedimentation necessitates vertical movement by the 198 photosynthetic organisms, and thus causes an increase in organic matter production (Pinckney 199 and Zingmark 1993). Diatoms have been shown to migrate in sediments in short time frames, 200 largely as a response to light (Paterson 1989, Underwood and Kromkamp 1999). As a 201 mechanism of migration, diatoms use their organic secretions (EPS) to aid in their vertical 202 203 movement (Underwood et al. 1995, Smith and Underwood 1998). With higher sedimentation rates, the diatoms need to migrate further and therefore secrete more organic material. 204 Furthermore, as diatoms migrate, dead cells remain scattered through the sediment (Debenay et 205 206 al. 2007); with increased sedimentation and increased migration, the amount of carbon from dead cells would also increase. Ultimately, the more volume of sediment present for biofilms to grow 207 upon leads to higher amounts of organic matter production by the biofilms. 208 Furthermore, sedimentation may affect the "age" of the biofilm, and therefore change the 209 rate of production. The physiological state of biofilm changes over time (Sutherland et al. 1998), 210 211 with lower rates of photosynthesis (Serodio et al. 2005) and higher EPS production for more mature biofilms (Orvain et al. 2003). We find that early in the experiment (days 20-50), 212 fluorescence measurements (i.e. rates of photosynthesis) are equal across sedimentation rates, but 213 214 late in the experiment (days 50-98), fluorescence values are linearly related to sedimentation rate (Figure 4). In fact, at low sedimentation rates, fluorescence values are lower during the later 215 216 stage of the experiment, supporting the hypothesis of decreased rates of photosynthesis with time 217 (Serodio et al. 2005). Conversely, with high sedimentation rates, fluorescence rates remain high. Our results suggest that sedimentation may constantly "reset" the biofilm age and allow it to 218 219 grow as in the early stage of development, allowing for the production of more carbon and 220 increased carbon in the sediments.

High rates of carbon accumulation have been related to high mineral suspended sediment supply (Connor et al. 2001), and therefore increased marsh accretion rates (Kirwan and Megonigal 2013). While Connor and others (2001) are reporting CARs from all C sources, they suggest that at low elevations, where sediment accretion rates are higher, biofilms may be a factor influencing carbon accumulation. We find in our experiments that OM from biofilms agree with the relationship between high suspended sediment, high sedimentation rates, and high rates of OC burial.

228

4.3 Limits on C accumulation by biofilms

229 The consistent trend in all metrics of biofilm growth (chl *a*, LOI and TOC) confirm that

biofilm grown under favorable conditions can maintain itself and even thrive under

sedimentation rates nearly 16 times the natural rate along the Gulf Coast (Cahoon et al. 2010).

Although our results suggest that a constant level of organic carbon accumulation can be reached

for arbitrary high sedimentation rates, this is likely not the case. We expect that there is a

sedimentation maximum which the biofilms would not be able to recover from (Grotzinger and

Knoll 1999), thus limiting its ability to accumulate carbon. Ultimately, at some deposition rate,

the biofilms would not be able to reach the sediment surface, or not be able to colonize, grow and

reproduce quickly enough on the surface to contribute to carbon accumulation. At very high

sedimentation rates, OM and C accretion rates would likely decline quickly as less and less of

the biofilm is able to reestablish on the sediment surface.

The limited number of samples and replicates in this experiment make it difficult to draw any statistical conclusions. However, the trend present in all three methods of estimating the productivity of biofilms (chl *a*, LOI, and TOC) suggests that higher sedimentation rates do allow for more biofilm growth, more organic carbon, and more organic matter.

An unexpected result of this experiment was that the biofilms were incredibly resilient 244 and able to grow despite large sedimentation rates. Following each sedimentation event, the 245 biofilms colonized the new sediment-water interface very quickly, within 24-48 hours. Indeed, 246 PAM fluorescence (Figure 2A) did not decrease following the sedimentation events, even though 247 these measurements were taken 24-48 hours following such an event. The mineral sedimentation 248 249 rates tested in this experiment exceed most sedimentation rates for coastlines worldwide and were done episodically. As the biofilms were able to grow in these extreme conditions, biofilms 250 in nature would likely be able to withstand normal sedimentation, as well as sedimentation from 251 252 storm events.

253

4.4 Consequences for natural systems

The importance of increased sedimentation rates on the productivity of salt marsh biofilm 254 255 is particularly relevant for coastal restoration projects. Some methods of marsh restoration projects, including sediment diversions (e.g.: Elsey-Quirk et al. 2019) and thin-layer sediment 256 deposition (e.g.: Ford et al. 1999), involve the introduction of high rates of sedimentation to 257 marshes. For example, in a restored marsh in the Bay of Fundy, high sedimentation rates and 258 high carbon accumulation rates were measured prior to the establishment of marsh vegetation 259 260 (Wollenberg et al. 2018). Wollenberg and others (2018) suggest that the high C accumulation prior to vegetation is allochthonous. However, given the results of our experiment, biofilm 261 262 productivity could explain high rates of carbon accumulation prior to the establishment of marsh 263 vegetation.

While in this study, we focus on the role of biofilm OM in salt marsh sediments, biofilms can also be an important source of C in tidal flats. There are substantial data gaps in our understanding of how much carbon is stored in tidal flats (Lovelock and Reef 2020), and it is

possible that these systems may play a large role in coastal carbon storage (Lovelock and Duarte
2019). As there is no vascular vegetation, the primary autochthonous C in tidal flats is biofilms.
Thus, quantifying the amount of C in tidal flats from biofilms will improve our understanding of
this potential carbon sink.

4.5 Future directions

Future studies should improve the ability to individuate the source of the carbon in marsh 272 sediments (Macreadie et al. 2019). This could help to quantify the impact of biofilms in terms of 273 OC in nature and reconcile our laboratory results with field results. A combination of 274 275 approaches, including stable isotopes (Choi et al. 2001, Gebrehiwet et al. 2008, Galvan et al. 2008, Tanner et al. 2010), organic biomarkers (Spohn and Giani 2012, Johnson et al. 2019), and 276 environmental DNA (Reef et al. 2017) will yield a better understanding of the source of carbon 277 278 in marsh sediments (Geraldi et al. 2019). For example, studies that have used an increased suite of isotopic signatures were more successful in identifying biofilms (Moncreiff and Sullivan 279 2001, Hondula and Pace 2014, Duarte et al. 2018). These tools have been primarily used to map 280 out food webs, but expanding their use to identify carbon sources can help quantify the 281 contribution of biofilms to salt marsh carbon in the field. 282

Furthermore, there is a need to conduct more laboratory experiments including additional factors, such as grazing. Biofilms are an important component of the diet of grazing macrofauna in coastal ecosystems (Daggers et al. 2020). However, while we demonstrate that high sedimentation promotes biofilm C accumulation, little work has been done on how sedimentation rate affects grazers. In sediment-addition restoration projects, snail growth rates were highest with intermediate sediment addition (Stagg and Mendelssohn 2012). It is unclear whether the higher sedimentation rates will allow more of the biofilms to be buried and protected from

grazing, or if bioturbation could increase and overall grazing may increase. The strength and
direction of this feedback will impact how much biofilm carbon is able to be stored in salt marsh
sediments in real settings.

Another important aspect to investigate is the fate of resuspended biofilms. Previous studies 293 have focused on the transfer of biofilm OM to consumers in the water column and adjacent 294 295 habitats from consumers (Carlton and Hodder 2003) or resuspension events (Ubertini et al. 2012, Savelli et al. 2019). While it is clear that biofilm resuspension dynamics are important, the 296 ultimate fate of the resuspended biofilm carbon is not well understood. Much of the resuspended 297 298 biofilm OM is likely consumed or decomposed, but some of the biofilm may be redeposited and subsequently buried and stored in the sediments. For example, recent flume experiments (Chen 299 et al. 2019) found that resuspended biofilms allowed for faster biofilms recovery and suggested 300 that repeated erosion redistributed surface biofilms deeper in the bed. They argued that this is 301 important for sediment stabilization, but we posit that it would also be important for C storage. 302

303 5 Conclusions

Benthic biofilms in coastal environments are resilient and able to flourish under high sedimentation rates, given ample nutrients and light. These experiments clearly demonstrate that biofilms have the potential to contribute to carbon accumulation in salt marsh sediments. Based on the results presented here, biofilms have the potential to accumulate as much carbon in soils as what is typically measured in salt marshes. While this carbon is labile and may not be stored on a centennial to millennial timescale, it likely plays an important role in the carbon cycle in the marsh.

All analyses validate our hypothesis that higher sedimentation rates increase biofilm C
 accumulation. A sedimentation threshold above which biofilms cease to grow and to accumulate

- carbon might still exist, but it would be relatively high (i.e., >20 mm/yr). The results of this
- experiment represent the upper bounds of organic carbon accumulation by biofilms, as they were
- grown under favorable conditions over a short timescale. Further experiments should quantify
- the role of grazing in limiting biofilm C accumulation, and how this effect changes as a function
- 317 of the sedimentation rate.
- 318
- 319 **Declarations**
- 320 Funding
- 321 KV was funded by the Louisiana Board of Regents.

322 **Conflicts of interest**

- 323 The authors declare that they have no conflicts of interest
- 324 Availability of data and material
- All data generated or analysed during this study are included in this published article [and its
- 326 supplementary information files].
- 327 Code availability
- 328 Not applicable

329 Authors' contributions

- 330 KV, AH, and GM designed the experiment. KV and AH conducted the experiment. KV and AH
- performed the majority of the analysis. GM and TE-Q provided feedback and comments. AH
- wrote the initial draft, KV wrote all subsequent drafts.

333

334 Acknowledgements

- 335 Many thanks to T. Blanchard, S. Gay, M. Kondrat'yev and A. Cole for laboratory assistance. We
- 336 would also like to thank K. Moran and A. Cole for their help in editing the manuscript.

337

3386References

- Cahoon, D.R., 2010, Sea-Level rise impact on salt marsh processes in the Northeast region, SeaLevel Rise and Salt Marsh Restoration Workshop, NOAA Restoration Center,
 Gloucester, MA, 14 September 2010.
- Carlton, J.T., and J. Hodder, 2003, Maritime mammals: terrestrial mammals as consumers in marine intertidal communities, *Marine Ecology Progress Series* 256: 271-286.
- Chen, S., Chmura, G.L., Wang, Y., Yu, D., Ou, D., Chen, B., Ye, Y., and G. Chen, 2019,
 Benthic microalgae offset the sediment carbon dioxide emission in subtropical mangrove
 in cold seasons, *Limnology and Oceanography* 64(3): 1297-1308.
- Chen, X., Zhang, C., Paterson, D.M., Townend, I.H., Jin, C., Zhou, Z., Gong, Z., and Q. Feng,
 2019, The effect of cyclic variation of shear stress on non-cohesive sediment stabilization
 by microbial biofilms: the role of 'biofilm precursors', *Earth Surface Processes and Landforms* 44(7): 1471-1481.
- Chmura, G.L., Anisfeld, S.C., Cahoon, D.R., and J.C. Lynch, 2003, Global carbon sequestration
 in tidal, saline wetland soils, *Global Biogeochemical Cycles* 17(4): 1111.
 doi:10.1029/2002GB001917
- Choi, Y., Wang, Y., Hsieh, Y-P, and L. Robinson, 2001, Vegetation succession and carbon
 sequestration in a coastal wetland in northwest Florida: evidence from carbon isotopes,
 Global Biogeochemical Cycles 15(2): 311-319.
- Connor, R.F., Chmura, G.L, and C.B. Beecher, 2001, Carbon accumulation in Bay of Fundy salt
 marshes: Implications for restoration of reclaimed marshes, *Global Biogeochemical Cycles*, 15: 943-954.
- Daggers, T.D., van Oevelen, D., Herman, P.M.J., Boschker, H.T.S., and D. van der Wal, 2020,
 Spatial variability in macrofaunal diet composition and grazing pressure on
- microphytobenthos in intertidal areas, *Limnology and Oceanography* 65(11): 2819:2834.
 De Brouwer, J.F.C., and L.J. Stal, 2001, Short-term dynamics in microphytobenthos distribution and associated extracellular carbohydrates in surface sediments of an intertidal mudflat,
- and associated extracellular carbohydrates in surface sediments of an intertidal mudflat
 Dean, W.E., 1974, Determination of carbonate and organic matter in calcareous sediment and
 sedimentary rocks by loss on ignition: comparison with other methods, *Journal of Sedimentary Petrology* 44(1): 242-248.
- Debenay, J-P., Jouanneau, J-M., Sylvestre, F., Weber, O., and D. Guiral, Biological origin of
 rhythmites in muddy sediments of French Guiana, *Journal of Coastal Research* 236:
 1431-1442.
- Decho, A.W., 2000, Microbial biofilms in intertidal systems: an overview, *Continental Shelf Research* 20(10-11): 1257-1273.
- Dodla, S.K., Wang, J.J., DeLaune, R.D., 2012. Characterization of labile organic carbon in
 coastal wetland soils of the Mississippi River deltaic plain: Relationships to carbon
 functionalities. Science of The Total Environment 435-436, 151-158.

- Duarte, C.M., Delgado-Huertas, A., Anton, A., Carriollo-de-Albornoz, P., Lopez-Sandoval,
 D.C., Agusti, S., et al., 2018, Stable isotope (d13C, d15N, d18O, dD) composition and
 nutrient concentration of red sea primary producers, *Frontiers in Marine Science* 5: 298.
- Duarte, C.M., Losada, I.J., Hendriks, I.E., Mazarrasa, I., and N. Marba, 2013, The role of coastal
 plant communities for climate change mitigation and adaptation, *Nature Climate Change* 380 3: 961-968.
- Duarte, C.M., Middelburg, JJ., and N. Caraco, 2005, Major role of marine vegetation on the
 oceanic carbon cycle, *Biogeosciences* 2: 1-8.
- Elsey-Quirk, T., Graham, S.A., Mendelssohn, I.A., Snedden, G., Day, J.W., Twilley, R.R.,
 Shaffer, G., Sharp, L.A., Pahl, J, and R.R. Lane, 2019, Mississippi river sediment
 diversions and coastal wetland sustainability: synthesis of responses to freshwater,
 sediment, and nutrient inputs, *Estuarine, Coastal and Shelf Science* 221: 170-183.
- Ford, MA, Cahoon, D.R., and J.C. Lynch, 1999, Restoring marsh elevation in a rapidly subsiding
 salt marsh by thin-layer deposition of dredged material, *Ecological Engineering* 12(3-4):
 189-205.
- Gallagher, J.L. and F.C. Daiber, 1974, Primary production of edaphic algal communities in a
 Delaware salt marsh, *Limnology and Oceanography* 19(3): 390-395.
- Galvan, K., Fleeger, J.W., and B. Fry, 2008, Stable isotope addition reveals dietary importance
 of phytoplankton and microphytobenthos to saltmarsh infauna, *Marine Ecology Progress Series* 359: 37-49.
- Gebrehiwet, T., Koretsky, C.M., and R.V. Krishnamurthy, 2008, Influence of *Spartina* and
 Juncus on saltmarsh sediments. III. Organic geochemistry, *Chemical Geology* 225(1-2):
 114-119.
- Geraldi, N.R., Ortega, A., Serrano, O., Macreadie, P.I., Lovelock, C.E., Krause-Jensen, D.,
 Kennedy, H., Lavery, P.S., Pace, M.L., Kaal, J., and C.M. Duarte, 2019, Fingerprinting
 blue carbon: rationale and tools to determine the source of organic carbon in marine
 depositional environments.
- Grotzinger, J.P. and A.H. Knoll, 1999, Stromatolites in Precambrian carbonates: evolutionary
 mileposts or environmental dipsticks?, *Annu. Rev. Earth Planet. Sci.* 27: 313-358.
- Guarini, J.M., Blanchard, G.F., Gros, P., Gouleau, D., and C. Bacher, 2000, Dynamic model of
 the short-term variability of microphytobenthos biomass on temperate intertidal mudflats,
 Marine Ecology Progress Series 291: 291-303.
- Hondula, K.L.. and M.L. Pace, 2014, Macroalgal support of cultured hard clams in a low
 nitrogen coastal lagoon, *Marine Ecological Progress Series* 498: 187-201.
- Hoogsteen, M.J.J, Lantinga, E.A., Bakker, E.J., Groot, J.C.J., and P.A. Tittonell, 2015,
 Estimating soil organic carbon through loss on ignition: effects of ignition conditions and
 structural water loss, *Ear J. Soil Sci* 66:320-328.
- Honeywill, C., Paterson, D.M., and S.E. Hagerthey, 2002, Determination of microphytobenthic
 biomass using pulse-amplitude modulated minimum fluorescence, *European Journal of Phycology* 37: 485-492.
- Hopkinson, C., Cai, W.-J., & Hu, X. (2012). Carbon sequestration in wetland dominated coastal
 systems—A global sink of rapidly diminishing magnitude. *Current Opinion in Environmental Sustainability*, 4(2), 186–194.
- Jesus, B., Brotas, V., Marani, M., and D.M. Paterson, 2005, Spatial dynamics of
 microphytobenthos determined by PAM fluorescence, *Estuarine, Coastal and Shelf Science*,60: 30-42.

- Jesus, B., Brotas, V., Ribeiro, L., Mendes, C.R., Cartaxana, P., and D.M. Paterson, 2009,
 Adaptations of microphytobenthos assemblages to sediment type and tidal position, *Continental Shelf Research* 29(13): 1634-1634.
- Johnson, J.J., Olin, J.A., and M.J. Polito, 2019, A multi-biomarker approach supports the use of
 compound-specific stable isotope analysis of amino acids to quantify basal carbon source
 use in a salt marsh consumer, *Rapid Communication in Mass Spectrometry* 33: 17811791.
- Kingston, M.B., 1999, Effect of light on vertical migration and photosynthesis of *Euglena proximo* (Euglenophyta), *Journal of Phycology* 35: 245-253.
- Kirwan, M.L, and J.P. Megonigal, 2013, Tidal wetland stability in the face of human impacts and
 sea-level rise, *Nature* 504: 53-60.
- Kwak, T.J., and J.B. Zedler, 1997, Food web analysis of southern California coastal wetlands
 using multiple stable isotopes. *Oecologia* 110: 262-277.
- Lovelock, C.E., and C.M. Duarte, 2019, Dimensions of blue carbon and emerging perspectives,
 Biol. Lett. 15: 20180781.
- Lovelock, C.E., and R. Reef, 2020, Variable impacts of climate change on blue carbon, *One Earth* 3(2): 195-211.
- MacIntyre, H.L, Geider, R.J., and D.C. Miller, 1996, Microphytobenthos: The ecological role of
 the "secret garden" of unvegetated, shallow-water marine habitats. I. Distribution,
 abundance, and primary production, *Estuaries* 19: 186-201.
- 442 Macreadie, P.I., et al., 2019, The future of blue carbon science, *Nature communications* 10(1): 1-443 13.
- McKew, B.A., Taylor, J.D., McGenity, T.J., and G.J.C. Underwood, 2011, Resistance and
 resilience of benthic biofilm communities from temperate saltmarsh to desiccation and
 rewetting, IMSE 5(1): 30.
- Mcleod, E., Chmura, G.L., Bouillon, S., Salm, R., Bjork, M, Duarte, C.M., Lovelock, C.E.,
 Schlesinger, W.H., and B.R. Silliman, 2011, A blueprint for blue carbon: toward an
 improved understanding of the role of vegetated coastal habitats in sequestering CO2, *Frontiers in Ecology and the Environment* 9: 552-560.
- Middelburg, J.J., Barranguet, C., Boschket, H.T.S., Herman, P.M.J., Moens, T., and Heip,
 C.H.R., 2000, The fate of intertidal microphytobenthos carbon: an in situ 13C-labeling
 study, *Limnol. Oceanography* 45(6): 1224-1234.
- Middelburg, J.J., Nieuwenhuize, J., Lubberts, R.K., and O. van der Plassche, 1997, Organic
 carbon isotope systematics of coastal marshes, *Estuarine Coastal Shelf Science* 45: 681687.
- Miller, D.C., Geider, R.J., and H.L. MacIntyre, 1996, Microphytobenthos: the ecological role of
 the "secret garden" of unvegetated, shallow-water marine habitats. II. Role in sediment
 stability and shallow-water food webs, *Estuaries* 19: 202-212.
- Moncreiff, C.A. and M.J. Sullivan, 2001, Trophic importance of epiphytic algae in subtropical
 seagrass beds: evidence from multiple stable isotope analysis, *Marine Ecological Progress Series* 215: 93-106.
- Murphy, R.J., Tolhurst, T.J., Chapman, M.G., and A.J. Underwood, 2009, Seasonal distribution
 of chlorophyll on mudflats in New South Wales, Australia measured by field
 spectrometry and PAM fluorometry, *Estuarine, Coastal, and Shelf Science* 84: 108-118.
- spectrometry and PAM fluorometry, *Estuarine, Coastal, and Shelf Science* 84: 108-118.
 Orvain, F., De Crignis, M., Guizien, K., Lefebvre, S., Mallet, C., Takahashi, E., and C. Dupuy,
- 467 2014, Tidal and seasonal effects on the short-term temporal patterns of bacteria,

- 468 microphytobenthos, and exopolymers in natural intertidal biofilms (Brouage, France),
 469 *Journal of Sea Research* 92: 6-18.
- Orvain, F., Galois, R., and C. Barnard, 2003, Carbohydrate production in relation to
 microphytobenthic biofilm development: an integrated approach in a tidal mesocosm,
 Microb. Ecol. 45: 237-251.
- 473 Ouyang, X., and S.Y. Lee, 2014, Updated estimates of carbon accumulation rates in coastal
 474 marsh sediments, *Biogeosciences* 11: 5057-5071.
- Paterson, D.M., 1989, Short-term changes in the erodibility of intertidal cohesive sediments
 related to the migratory behavior of epipelic diatoms, *Limnology and Oceanography*34(1): 223-234.
- 478 Pinckney, J., and R.G. Zingmark, 1993, Biomass and production of benthic microalgal
 479 communities in estuarine habitats, *Estuaries* 16: 887-897.
- Pivato, M., Carniello, L., Moro, I., and P. D'Odorico, 2019, On the feedback between water
 turbidity and microphytobenthos growth in shallow tidal environments, *Earth Surface Processes and Landforms* 44(5): 1192-1206.
- 483 Pomeroy, L., 1969, Algal productivity in salt marshes of Georgia, *Limnology Oceanography* 4:
 484 386-397.
- Ramnarine, R., Voroney, R.B., Wagner-Riddle, C., and K.E. Dunfield, 2011, Carbonate removal
 by acid fumication for measuring the C of soil organic carbon, *Can. J. Soil Sci.*, 91: 247250.
- Reef, R., Atwood, T.B., Samper-Villarreal, J., Adame, M.F., Sampayo, E.M., and C.E. Lovelock,
 2017, Using eDNA to determine the source of organic carbon in seagrass meadows,
 Limno. Oceanogr. 62: 1254-1265.
- 491 Savelli, R., Bertin, X., Orvain, F., Gernez, P., Dale, A., Coulombier, T., Pineau, P., Lachaussee,
 492 N., Polsenaere, P., Dupuy, C., and V. Le Fouest, 2019, Impact of chronic and massive
 493 resuspension mechanisms on the microphytobenthos dynamics in a temperate intertidal
 494 mudflat, *JGR Biogeosciences* 124(12): 3752-3777.
- Serodio, J., Vieira, S., Cruz, S., and F. Barroso, 2005, Short-term variability in the
 photosynthetic activity of microphytobenthos as detected by measuring rapid light curves
 using variable fluorescence, *Mar. Biol.* 146: 903-914.
- Shields, M.R., Bianchi, T.S., Mohrig, D., Hutchings, J.A., Kenney, W.F., Kolker, A.S., and J.H.
 Curtis, 2017, Carbon storage in the Mississippi River delta enhanced by environmental
 engineering, *Nature Geoscience* 10: 846-851.
- Smith, D.J., and G.J.C. Underwood, 1998, Exopolymer production by intertidal epipelic diatoms,
 Limnol. Oceanogr. 43: 1578-1591.
- Spohn, M. and L. Giani, 2012, Carbohydrates, carbon and nitrogen in soils of a marine and a
 brackish marsh as influenced by inundation frequency, *Estuarine, Coastal and Shelf Science* 107: 89-96.
- Sprague, L.A., Hirsch, R.M., and B.T. Aulenbach, 2011, Nitrate in the Mississippi River and its
 tributaries, 1980 to 2008: are we making progress?, *Enviorn. Sci. Technol.* 45(17): 7209 7216.
- Stagg, C.L. and I.A. Mendelssohn, 2012, *Littoraria irrorata* growth and survival in a sediment restored salt marsh, *Wetlands* 32: 643-652.
- Sutherland, T.F., Amos, C.L., and J. Grant, 1998, The effect of carbohydrate production by the
 diatom *Nitzschia curvilineata* on the erodibility of sediment, *Limnol. Oceanogr.* 43: 65 72.

Tanner, B.R., Uhle, M.E., Mora, C.I., Kelley, J.T., Schuneman, P.J., Lane, C.S., and E.S. Allen,
2010, Comparison of bulk and compound-specific ∂13 C analyses and determination of
carbon sources to salt marsh sediment using *n*-alkane distributions (Maine, USA), *Estuarine, Coastal, and Shelf Science* 86(2): 283-291.

- 518 Ubertini, M., Lefebvre, S., Gangnery, A., Grangere, K., Le Gendre, R., and F. Orvain, 2012,
 519 Spatial variability of benthic-pelagic coupling in an estuary ecosystem: consequences for
 520 microphytobenthos resuspension phenomenon, *PloS one* 7(8): e44155.
- 521 Underwood, G.J.C., and J. Kromkamp, 1999, Primary production by phytoplankton and 522 microphytobenthos in estuaries, *Adv. Ecol. Res.* 29: 93-153.
- 523 Underwood, G.J.C., Paterson, D.M., and R.J. Parkes, 1995, The measurement of microbial
 524 carbohydrate exopolymers from intertidal sediments, *Limnology and Oceanography* 525 40(7): 1243-1253.
- 526 Unger, V., Elsey-Quirk, T., Sommerfield, C., and D. Velinsky, 2016, Stability of organic carbon
 527 accumulation in *Spartina alterniflora*-dominated salt marshes of the Mid-Atlantic U.S.,
 528 *Estuarine, Coastal, and Shelf Science* 182: 179-189.
- Wollenberg, J.T., Ollerhead, J., and G.L. Chmura, 2018, Rapid carbon accumulation following
 managed realignment on the Bay of Fundy, *PloS One* 13(3): e0193930.
- Zedler, J.B., 1980, Algal mat productivity: comparisons in a salt marsh, *Estuaries* 3(2): 122-131.

-	r	

- 552
- 553
- 554
- 555

556 Figure Captions:

557



558

559 Figure 1: Plastic cylinders used for the experiment after 11 weeks of growth. (A) Side view

showing the vertical accumulation of sediments. The parallel layers in the sediment, starting at

about half of the sediment column, are from individual sedimentation events and subsequent

562 growth of biofilm. (B) Plane-view of growth experiment. Light brown color is indicative of

- 563 diatom-based biofilm.
- 564



Figure 2: Monitoring of fluorescence (A) and bed height (B) over the 11-week experiment.

567 Colors represent the five different sedimentation rates (see Table 1). Fluorescence measurements568 are consistent across treatments. Bed height measurements were corrected for the consolidation

of the initial bed over time. Vertical lines in panel B indicate when sediment was added to the

- ---- of the initial bed over time. Vertical lines in partici D indicate when sedime
- 570 experiment.
- 571



572

Figure 3: Chl *a* (A), LOI (B), and TOC (C) values for the content of the containers following the
11-week growth experiment for each of the five growth rates. All three metrics show an increase

575 with equivalent vertical accretion rate. Duplicate bars indicate separate trials, standard deviations

show measurement variability. Lines in (B) and (C) show best fit to equation 1. (B) $R^2 = 0.85$

- 577 and (C) $R^2 = 0.76$.
- 578



579

Figure 4: Average PAM fluorescence value by sedimentation rate for days 20-50 (A) and 50-98 (B). There was no statistically significant relationship between fluorescence and sedimentation rate in the beginning of the experiments, but in days 50-98, there was a significant linear relationship (y=0.41x+98, $R^2 = 0.5$, p=0.018).

584

585

586

587

Table 1: List of treatments, or sedimentation rates used in this experiment.

Sedimentation Rank	Mass added each week (g)	Sedimentation Rate $(g/cm^2/yr)$	Equivalent Vertical Accretion Rate (mm/yr)
1	1.069	0.786	11.811
2	2.137	1.572	23.612
3	4.273	3.144	47.222
4	8.547	6.287	94.444
5	17.093	12.574	188.889

589